

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
T2		0	Desmet Cindy BEL 1996	40,5		0		0
T3	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Rutherford Haley ENG (28/3/15)	90	Rutherford Haley ENG (28/3/15)	190
JR	ROAZZI Giulia ITA (26/10/2019)	70	ROAZZI Giulia ITA (26/10/2019)	40	ROAZZI Giulia ITA (26/10/2019)	110	ROAZZI Giulia ITA (26/10/2019)	220
SR	Landridge Beth GBR (10/04/22)	85	Cappai Denise SAR (27/11/21)	50	Landridge Beth GBR (10/04/22)	117,5	Landridge Beth GBR (10/04/22)	245
M1		0		0		0		0
M2	FLANAGAN Imelda ENG 10	70	Flanagan melda ENG 2009	37,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
M3	Flanagan Imelda ENG 2011	75	Flanagan melda ENG 2011	40	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
M4	REEVES P ENG 05	40	Reeves Pat ENG 2005	32,5	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
M5	REEVES P ENG 06	40	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
T2		45	Brost Shea USA 1996	42,5		52,5		122,5
T3	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Anderson Cherish USA (5/8/23)	100	Rutherford Haley ENG (28/3/15)	190
JR	ROAZZI Giulia ITA (26/10/2019)	70	ROAZZI Giulia ITA (26/10/2019)	40	ROAZZI Giulia ITA (26/10/2019)	110	ROAZZI Giulia ITA (26/10/2019)	220
SR	GEDNEY J. USA 05	92,5	Gedney Judith USA 1991	70	Landridge Beth GBR (10/04/22)	117,5	Gedney Judith USA 2005	250
M1	LOOMES Julie (2009) AUS	65	Loomes Julie AUS 2000	52,5	LOOMES Julie AUS 2000	110		220
M2	FLANAGAN Imelda ENG 10	70	Gedney Judith USA 1990	67,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
M3	Flanagan Imelda ENG 2011	75	Gedney Judith USA 1991	70	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
M4		50	Gedney Judith USA 1996	55	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
M5		47,5	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
M6	GEDNEY J. USA 05	92,5	Gedney Judith USA 2005	47,5	Gedney Judith USA 2008	113,5	Gedney Judith USA 2005	250
M7	Gedney Judith 2010	70	Gedney Judith USA (12/11/2011)	51	Gedney Judith USA 2010	115	Gedney Judith USA 2010	232,5
M8		35		25		45		105
M9		32,5		25		42,5		100
M10		30		25		35		90

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	MALEARCIUC VICTORIA MLD (20/04)	82,5	MALEARCIUC VICTORIA MLD (20/04)	62,5	MALEARCIUC VICTORIA MLD (20/04)	117,5	MALEARCIUC VICTORIA MLD (20/04)	260
T2	Lambeth Chloe ENG 08	77,5	THOMPSON Paula ENG 1990	40	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
T3	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
JR	Monaghan Amanda GBR (3/11/2018)	100	Monaghan Amanda GBR (3/11/2018)	53	Monaghan Amanda GBR (3/11/2018)	125	Monaghan Amanda GBR (3/11/2018)	270
SR	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
M1		0		0		0		0
M2		0	Cherbonnel Marie FRA 1992	76		0		0
M3		0	Boulle Lilliane FRA 1996	47,5		0		0
M4	GUILLAUME Sabine FRA (29/04/2023)	70	GUILLAUME Sabine FRA (29/04/2023)	50	GUILLAUME Sabine FRA (29/04/2023)	130	GUILLAUME Sabine FRA (29/04/2023)	250
M5	Reeves Pat ENG 07	40	Reeves Pat ENG 2007	35	Reeves Pat ENG 2007	100		172,5
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	MALEARCIUC VICTORIA MLD (20/04)	82,5	MALEARCIUC VICTORIA MLD (20/04)	62,5	MALEARCIUC VICTORIA MLD (20/04)	117,5	MALEARCIUC VICTORIA MLD (20/04)	260
T2	Lambeth Chloe ENG 08	77,5	Brost Shea USA 1997	47,5	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
T3	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
JR	Monaghan Amanda GBR (3/11/2018)	100	Monaghan Amanda GBR (3/11/2018)	53	Monaghan Amanda GBR (3/11/2018)	125	Monaghan Amanda GBR (3/11/2018)	270
SR	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
M1	Loomes July AUS 99	70	Kovalchik Paula USA 1999	70	LOOMES Julie AUS 1999	120		237,5
M2		60	Cherbonnel Marie FRA 1992	76		70		160
M3	LOOMES Julie AUS 09	65	Gedney Judith USA 1992	67,5	LOOMES Julie AUS 2009	110	Loomes Julie AUS 2009	222,5
M4	Gedney Judith USA 99	85	Gedney Judith USA 1997	57,5	GUILLAUME Sabine FRA (29/04/2023)	130	Gedney Judith USA 1999	250
M5	Gedney Judith USA 04	95	Gedney Judith USA 2002	50,5	Gedney Judith USA 2004	115,5	Gedney Judith USA 2004	257,5
M6	Gedney Judith USA 06	85	Gedney Judith USA 2009	49	Gedney Judith USA 2009	113	Gedney Judith USA 2006	242,5
M7		40		25		52,5		117,5
M8		37,5		25		50		112,5
M9		35		25		45		105
M10		32,5		25		37,5		95

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
T2	De Fazio Asia ITA (5/11/2023)	87,5	De Fazio Asia ITA (5/11/2023)	45	De Fazio Asia ITA (5/11/2023)	125	De Fazio Asia ITA (5/11/2023)	257,5
T3	Karrer Samia FRA (29/04/2023)	67,5	Karrer Samia FRA (29/04/2023)	50	Karrer Samia FRA (29/04/2023)	112,5	Karrer Samia FRA (29/04/2023)	230
JR	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
SR	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
M1	Mc Aree Ciara IRE (4/11/2023)	108,5	Mc Aree Ciara IRE (4/11/2023)	65,5	Mc Aree Ciara IRE (4/11/2023)	133	Mc Aree Ciara IRE (4/11/2023)	305
M2	Massidda Sere GBR (20/06/19)	85	Cherbonnel Marie FRA 1993	77,5	Nualart Jo GBR (11/10/21)	127,5	Nualart Jo GBR (11/10/21)	260
M3	Ayonoadu Jasmine GBR (07/04/2024)	95	Guinard Marie FRA 1993	65	Ayonoadu Jasmine GBR (14/7/2024)	125,5	Ayonoadu Jasmine GBR (14/7/2024)	272,5
M4	Guillaume Sabine FRA (26/3/22)	90	Guillaume Sabine FRA (26/3/22)	55	Guillaume Sabine FRA (26/3/22)	137,5	Guillaume Sabine FRA (26/3/22)	282,5
M5	Reeves Pat ENG 09	25		32,5	Reeves Pat ENG 2009	100	Reeves Pat ENG 2009	157,5
M6	Tombs Patricia ENG 07/04/2013	72,5	Tombs Patricia ENG (27/02/16)	45,5	Tombs Patricia ENG (27/02/16)	105	Tombs Patricia ENG (28/3/15)	212,5
M7	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
T2	De Fazio Asia ITA (5/11/2023)	87,5	Bodlak Melanie USA 1996	50	De Fazio Asia ITA (5/11/2023)	125	De Fazio Asia ITA (5/11/2023)	257,5
T3	Karrer Samia FRA (29/04/2023)	67,5	Karrer Samia FRA (29/04/2023)	50	Karrer Samia FRA (29/04/2023)	112,5	Karrer Samia FRA (29/04/2023)	230
JR	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
SR	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
M1	Mc Aree Ciara IRE (4/11/2023)	108,5	Mc Aree Ciara IRE (4/11/2023)	65,5	Mc Aree Ciara IRE (4/11/2023)	133	Mc Aree Ciara IRE (4/11/2023)	305
M2	Massidda Sere GBR (20/06/19)	85	Cherbonnel Marie FRA 1993	77,5	Nualart Jo GBR (11/10/21)	127,5	Nualart Jo GBR (11/10/21)	260
M3	Ayonoadu Jasmine GBR (07/04/2024)	95	Guinard Marie FRA 1993	65	Gow Rose AUS (6/9/14)	132,5	Ayonoadu Jasmine GBR (14/7/2024)	272,5
M4	Guillaume Sabine FRA (26/3/22)	90	Gedney Judith USA 1998	65	Guillaume Sabine FRA (26/3/22)	137,5	Guillaume Sabine FRA (26/3/22)	282,5
M5	Gedney Judith USA 03	92,5	Gedney Judith USA 2003	45	Gedney Judith USA 2003	115	Gedney Judith USA 2003	250
M6	Tombs Patricia ENG 07/04/2013	72,5	LaFontaine Linda USA 17/8/19	50	Tombs Patricia ENG (27/02/16)	105	LaFontaine Linda USA 17/8/19	215
M7	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
M8		40		25		55		120
M9		37,5		25		47,5		110
M10		35		25		40		100

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Phillips Becky IRE (7/5/16)	80	Jutla Rithika GBR (26/10/2019)	37,5	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
T2	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
T3	Butters Bobbie ENG (2/11/2013)	120	Butters Bobbie ENG (2/11/2013)	65	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
JR	Walker Sophie ENG (27/02/16)	117,5	Smith Nichol GBR (20/06/19)	72,5	Smith Nichol GBR (20/06/19)	140,5	Smith Nichol GBR (20/06/19)	322,5
SR	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
M1	Vitale Barbara ITA (26/10/2019)	115	Vitale Barbara ITA (26/10/2019)	80	Holohan Angela IRE (12/11/2016)	147,5	Vitale Barbara ITA (26/10/2019)	320
M2	Negodyuk Olga ukr (1/11/2014)	105	Richards Suzanne GBR (20/06/19)	67,5	Richards Suzanne GBR (20/06/19)	140,5	Lozano Rose FRA 2006	305
M3	Tenerelli Gabriella ITA (27/11/21)	86	Soulard A. FRA 1992	60	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
M4	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	Bethell Sue WAL (27/2/2016)	295
M5	Bethell Sue WAL (11/10/21)	75	Bethell Sue WAL (11/10/21)	47,5	Bethell Sue WAL (11/10/21)	130	Bethell Sue WAL (11/10/21)	252,5
M6		65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Phillips Becky IRE (7/5/16)	80	Jutla Rithika GBR (26/10/2019)	37,5	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
T2	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
T3	Butters Bobbie ENG (2/11/2013)	120	Blisset Tanya USA 1997	82,5	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
JR	Walker Sophie ENG (27/02/16)	117,5	Smith Nichol GBR (20/06/19)	72,5	Smith Nichol GBR (20/06/19)	140,5	Smith Nichol GBR (20/06/19)	322,5
SR	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
M1	Vitale Barbara ITA (26/10/2019)	115	Vitale Barbara ITA (26/10/2019)	80	Holohan Angela IRE (12/11/2016)	147,5	Vitale Barbara ITA (26/10/2019)	320
M2	Negodyuk Olga ukr (1/11/2014)	105	Frazier Shellaine USA 24/6/17	76	Richards Suzanne GBR (26/10/2019)	140,5	Lozano Rose FRA 2006	305
M3	Tenerelli Gabriella ITA (27/11/21)	86	Sullivan Sue USA 1996	67,5	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
M4	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	Bethell Sue WAL (27/2/2016)	295
M5	Bethell Sue WAL (11/10/21)	75	Bethell Sue WAL (11/10/21)	47,5	Bethell Sue WAL (11/10/21)	130	Bethell Sue WAL (11/10/21)	252,5
M6	LaFontaine Linda USA (4/11/2017)	65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
M7		47,5		27,5		62,5		137,5
M8		42,5		25		57,5		125
M9		40		25		50		115
M10		37,5		25		42,5		105

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Rayner Lucy ENG 07/04/2013	105	Rayner Lucy ENG 07/04/2013	245
T2	Adabasi Tola IRE (7/5/16)	87,5	Cardoso Joanna FRA (5/11/2023)	57,5	Cardoso Joanna FRA (5/11/2023)	135	Cardoso Joanna FRA (5/11/2023)	282,5
T3	Duffy Lucy IRE (27/11/21)	100	Cerba Ina MOL (1/11/2014)	57,5	Donohue Amy IRE (15/08/2015)	125	Duffy Lucy IRE (27/11/21)	270
JR	O'Riordan Laura IRE (31/10/2015)	112,5	Walker Sophie ENG (28/3/15)	62,5	Downey Rachel IRE (7/5/16)	140,5	O'Riordan Laura IRE (31/10/2015)	305
SR	James Aillicia GBR(04/11/2017)	120	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	Fox Louise GBR(7/4/12)	345
M1	Gilbert Lisa GBR (13/11/2022)	107,5	Lozano Rose FRA 2005	64	SALZA SARA SAR (13/11/2022)	152,5	Lozano Rose FRA 2001	307,5
M2	Evans Wendy GBR (25/02/2017)	112,5	Evans Wendy GBR (25/02/2017)	66	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
M3	Lozano Rose FRA (28/3/15)	105,5	Lozano Rose FRA (12/11/2011)	60	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
M4	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
M5	Lozano Rose FRA (15/11/2025)	95,5	Lozano Rose FRA (23/3/2024)	53,5	Lozano Rose FRA (26/3/22)	130	Lozano Rose FRA (26/3/22)	277,5
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Steed Mary AUS 2007	110	Rayner Lucy ENG 07/04/2013	245
T2	Adabasi Tola IRE (7/5/16)	87,5	Bodlak Melanie USA 1997	60	Cardoso Joanna FRA (5/11/2023)	135	Cardoso Joanna FRA (5/11/2023)	282,5
T3	Duffy Lucy IRE (27/11/21)	100	Blisset Tanya USA 1997	82,5	Donohue Amy IRE (15/08/2015)	125	Duffy Lucy IRE (27/11/21)	270
JR	O'Riordan Laura IRE (31/10/2015)	112,5	Fansler Juliet USA (2/11/2024)	68,5	Downey Rachel IRE (7/5/16)	140,5	Baum Laura USA 24/6/17	307,5
SR	de Berrie Isabel GBR (15/11/2025)	90	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	TEAGOR Iulia MLD (15/11/2025)	242,5
M1	Mattingly Carmella USA 13/07/13	132,5	Mattingly Carmella USA 13/07/2013	72,5	SALZA SARA SAR (13/11/2022)	152,5	Mattingly Carmella USA 13/07/2013	347,5
M2	Evans Wendy GBR (25/02/2017)	112,5	Frazier Shellaine USA 11/06/16	72,5	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
M3	Lozano Rose FRA (28/3/15)	105,5	Elwyn Susan USA 1997	65	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
M4	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
M5	Lozano Rose FRA (15/11/2025)	95,5	Lozano Rose FRA (23/3/2024)	53,5	Lozano Rose FRA (26/3/22)	130	Lozano Rose FRA (15/11/2025)	260
M6		60		30		70		160
M7		50		27,5		65		142,5
M8		45		25	Rodda Jonnie AUS 2007	62,5		132,5
M9	Rodda Jonnie AUS 2007	55,5		25		55	Rodda Jonnie AUS 2007	170
M10		40		25		45		110

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Crane Ellie GBR (5/11/2023)	90	Crane Ellie GBR (5/11/2023)	70	Crane Ellie GBR (5/11/2023)	110	Crane Ellie GBR (5/11/2023)	270
T2	McCann Briget GBR (20/06/19)	100	Derigon Christelle FRA (23/3/2024)	57,5	CARDOSO Joanna FRA (29/04/2023)	125,5	Lowe Heidi USA (2/11/2024)	312,5
T3	Harrison Georgina GBR (13/11/2022)	115	Harrison Georgina GBR (13/11/2022)	82,5	Harrison Georgina GBR (10/4/22)	142,5	Harrison Georgina GBR (13/11/2022)	335
JR	Puricelli Lucia GBR (25/02/2017)	130,5	Hannant Amber GBR (4/11/2017)	80	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
SR	Raja Sunita GBR (26/10/2019)	140	Raja Sunita GBR (26/10/2019)	87,5	Wuyts Helen BEL (12/11/2011)	180	Raja Sunita GBR (26/10/2019)	400
M1	Wyrill Tina GBR (22/07/23)	112,5	Wyrill Tina GBR (22/07/23)	75	Wyrill Tina GBR (22/07/23)	150	Wyrill Tina GBR (22/07/23)	337,5
M2	Evans Wendy WAL (27/02/16)	115	Richards Suzanne GBR (11/10/21)	73	Richards Suzanne GBR (11/10/21)	135,5	Richards Suzanne GBR (11/10/21)	312,5
M3	Mccurdy Zoe IRE (27/04/2025)	110	Richards Suzanne GBR (22/07/23)	72,5	Mccurdy Zoe IRE (27/04/2025)	147,5	Mccurdy Zoe IRE (27/04/2025)	320
M4	Saunders Karen GBR (13/11/2022)	90	Saunders Karen GBR (10/4/22)	50	Wood Jackie GBR (5/11/2023)	140	Saunders Karen GBR 11/10/21)	272,5
M5	Gough Kim GBR (13/11/2022)	92,5	Gough Kim GBR (13/11/2022)	50	Gough Kim GBR (13/11/2022)	135	Gough Kim GBR (13/11/2022)	277,5
M6	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
M7	Walter Helen Catherine GBR (12/11/2)	95	Baron Marie Frances FRA (18/04/202)	45	Baron Marie Frances FRA (18/04/202)	115	Baron Marie Frances FRA (18/04/202)	227,5
M8	Walter Helen Catherine GBR (15/11/2)	67,5	Walter Helen Catherine GBR 14/7/202)	35	Walter Helen Catherine GBR (15/11/2)	80,5	Walter Helen Catherine GBR (15/11/2)	180
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Crane Ellie GBR (5/11/2023)	90	Crane Ellie GBR (5/11/2023)	70	Crane Ellie GBR (5/11/2023)	110	Crane Ellie GBR (5/11/2023)	270
T2	Lowe Heidi USA (2/11/2024)	122,5	Lowe Heidi USA (2/11/2024)	63	Lowe Heidi USA (2/11/2024)	128	Lowe Heidi USA (2/11/2024)	312,5
T3	Harrison Georgina GBR (13/11/2022)	115	Harrison Georgina GBR (13/11/2022)	82,5	Harrison Georgina GBR (10/4/22)	142,5	Harrison Georgina GBR (13/11/2022)	335
JR	Puricelli Lucia GBR (25/02/2017)	130,5	Schultz Rea USA 1999	87,5	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
SR	Raja Sunita GBR (26/10/2019)	140	Altizer Betina USA 1991	102,5	Wuyts Helen BEL (12/11/2011)	180	Raja Sunita GBR (26/10/2019)	400
M1	Wyrill Tina GBR (22/07/23)	112,5	Wyrill Tina GBR (22/07/23)	75	Wyrill Tina GBR (22/07/23)	150	Wyrill Tina GBR (22/07/23)	337,5
M2	Evans Wendy WAL (27/02/16)	115	Davis Pamela USA 1994	75	Richards Suzanne GBR (11/10/21)	135,5	Richards Suzanne GBR (11/10/21)	312,5
M3	Mccurdy Zoe IRE (27/04/2025)	110	Richards Suzanne GBR (22/07/23)	72,5	Mccurdy Zoe IRE (27/04/2025)	147,5	Mccurdy Zoe IRE (27/04/2025)	320
M4	Saunders Karen GBR (13/11/2022)	90	Hayes Nancy USA 1997	65	Wood Jackie GBR (5/11/2023)	140	Saunders Karen GBR (11/10/2022)	267,5
M5	Gough Kim GBR (13/11/2022)	92,5	Morgan-Jones Alice USA (4/11/2017)	60,5	Gough Kim GBR (13/11/2022)	135	Gough Kim GBR (13/11/2022)	277,5
M6	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
M7	Walter Helen Catherine GBR (12/11/2)	95	Baron Marie Frances FRA (18/04/202)	45	Baron Marie Frances FRA (18/04/202)	115	Baron Marie Frances FRA (18/04/202)	227,5
M8	Walter Helen Catherine GBR (15/11/2)	67,5	Walter Helen Catherine GBR 14/7/202)	35	Walter Helen Catherine GBR (15/11/2)	80,5	Walter Helen Catherine GBR (15/11/2)	180
M9		45	Rodda Margaret AUS 2006	30	Rodda Margaret AUS 2006	70	Rodda Margaret AUS 2006	152,5
M10		42,5		25		47,5		115

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bobbio Jessica ITA 2005	95	Rickwood Frankie ENG (28/3/15)	56		105	Bobbio Jesica ITA 2005	242,5
T2	Wright Gabby GBR (22/07/23)	105	Crane Ellie GBR (2/11/2024)	73	Rickwood Frankie ENG (28/3/15)	125	Crane Ellie GBR (2/11/2024)	285
T3	CASAGRANDA FEDERICA ITA (26/1	135	Wuyts Helen BEL 2009	70	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
JR	Wuyts Helen BEL (7/4/12)	125	Wuyts Helen BEL (27/10/2012)	75,5	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
SR	Jones Rebecca GBR (3/11/2018)	155	Hannant Amber GBR (20/06/19)	90	Folami Habee GBR (3/11/2018)	192,5	Folami Habee GBR (3/11/2018)	400
M1	Lapustea Simona ITA (3/11/2018)	130	Dalziel Karen GBR (5/11/2023)	83	Dalziel Karen GBR (23/07/23)	171	Dalziel Karen GBR (13/11/2022)	372,5
M2	Dalziel Karen GBR (2/11/2024)	125	Dalziel Karen GBR (2/11/2024)	85	Dalziel Karen GBR (2/11/2024)	173	Dalziel Karen GBR (14/7/2024)	377,5
M3	Guillaume Sabine FRA (26/3/22)	110	Bourdon Veronique FRA (31/3/2012)	76	Guillaume Sabine FRA (26/3/22)	157,5	Guillaume Sabine FRA (26/3/22)	322,5
M4	Bourdon Veronique FRA (23/3/2013)	102,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Bourdon Veronique FRA (23/03/2013)	322,5
M5	BOURDON Véronique FRA (30/03/19	97,5	Bourdon Veronique FRA (31/3/18)	70	BOURDON Véronique FRA (30/03/19	132,5	BOURDON Véronique FRA (30/03/19	295
M6	Liege Marie-Christine FRA (22/03/202	82,5	Liege Marie-Christine FRA (22/03/202	57,5	Walker Suzan GBR (20/06/19)	110	Liege Marie-Christine FRA (22/03/202	142,5
M7	LIEGE Marie Christine FRA (18/04/20	88	LIEGE Marie Christine FRA (15/11/20	62,5	Koolhaas Revers Ina NED (22/4/2022	125	Koolhaas Revers Ina NED (22/4/2022	260
M8	Koolhaas Revers Ina NED (15/11/202	87,5	Koolhaas Revers Ina NED (5/11/2023	60,5	Koolhaas Revers Ina NED (15/11/202	131	Koolhaas Revers Ina NED (5/11/2023	275
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bobbio Jessica ITA 2005	95	Chapman Crystal USA 1995	57,5	Steed Mary AUS 2008	130	Bobbio Jesica ITA 2005	242,5
T2	Wright Gabby GBR (22/07/23)	105	Crane Ellie GBR (2/11/2024)	73	Rickwood Frankie ENG (28/3/15)	125	Crane Ellie GBR (2/11/2024)	285
T3	CASAGRANDA FEDERICA ITA (26/1	135	Collar Sarah USA 1992	77,5	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
JR	Goodson Natalie USA 2000	125	Taka Rae Lee NZL 2000	80	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
SR	Jones Rebecca GBR (3/11/2018)	155	Hannant Amber GBR (20/06/19)	90	Folami Habee GBR (3/11/2018)	192,5	Folami Habee GBR (3/11/2018)	400
M1	Lapustea Simona ITA (3/11/2018)	130	Dalziel Karen GBR (5/11/2023)	83	Dalziel Karen GBR (23/07/23)	171	Dalziel Karen GBR (13/11/2022)	372,5
M2	Dalziel Karen GBR (2/11/2024)	125	Dalziel Karen GBR (2/11/2024)	85	Dalziel Karen GBR (2/11/2024)	173	Dalziel Karen GBR (14/7/2024)	377,5
M3	Guillaume Sabine FRA (26/3/22)	110	Bourdon Veronique FRA (31/3/2012)	76	Guillaume Sabine FRA (26/3/22)	157,5	Guillaume Sabine FRA (26/3/22)	322,5
M4	Kostadinov Helen AUS 2003	115,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Kostadinov Helen AUS 2000	325
M5	Kostadinov Helen AUS 2007	110	Bourdon Veronique FRA (31/3/18)	70	Kostadinov Helen AUS 2007	140	Kostadinov Helen AUS 2007	315
M6	Kostadinov Helen AUS 2008	102,5	KOSTADINOS Helen AUS 2008	62,5	Kostadinov Helen AUS 2008	135	Kostadinov Helen AUS 2008	300
M7	LIEGE Marie Christine FRA (18/04/20	88	LIEGE Marie Christine FRA (15/11/20	62,5	Kostadinov Helen AUS (31/10/2015)	130	Kostadinov Helen AUS (31/10/2015)	270
M8	Koolhaas Revers Ina NED (15/11/202	87,5	Koolhaas Revers Ina NED (5/11/2023	60,5	Koolhaas Revers Ina NED (15/11/202	131	Koolhaas Revers Ina NED (5/11/2023	275
M9		47,5		27,5		62,5		137,5
M10		45		25		50		120

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Duncan Esther USA (4/11/2017)	105,5	Duncan Esther USA (4/11/2017)	52,5	Lindow Heidi GBR (10/04/22)	135	Lindow Heidi GBR (10/04/22)	287,5
T2	Camilli Clémence FRA (23/3/2024)	110	Willan Emma ENG 1993	70	Camilli Clémence FRA (23/03/2024)	160	Camilli Clémence FRA (23/03/2024)	325
T3	VERNON Manon FRA (15/11/2025)	123	VERNON Manon FRA (15/11/2025)	75,5	Muir Jeniffer GBR (20/06/19)	157,5	Muir Jeniffer GBR (20/06/19)	347,5
JR	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Joshi Poppy GBR (03/11/2018)	171,5	Jäggi Nora SWI 18/2/17	382,5
SR	MacPherson Charlotte GBR (26/10/2020)	160	MacPherson Charlotte GBR (26/10/2020)	95	Haslam* Melanie GBR (25/02/2017)	187,5	MacPherson Charlotte GBR (26/10/2020)	437,5
M1	Wilson Alexia GBR (5/11/2023)	152,5	Wilson Alexia GBR (14/7/2024)	90	Wilson Alexia GBR (14/7/2024)	180,5	Wilson Alexia GBR (14/7/2024)	435
M2	Barry Karen IRL (31/10/2015)	135	Meunier Sarah FRA (23/3/2024)	72,5	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
M3	Estel Sophie FRA (31/3/18)	123	Perrone Susana ITA (12/11/2016)	75	Estel Sophie FRA (19/3/16)	150	Loi Teresa MPF ITA (12/11/2016)	332,5
M4	Estel Sophie FRA(22/03/2025)	115	Müller Daniela GER (29/04/2023)	63	Estel Sophie FRA(22/03/2025)	145	Estel Sophie FRA(22/03/2025)	310
M5	Dreyer Gibney Katrin IRE (27/11/21)	98	Liege M-Christine FRA (30/03/19)	65	Dreyer Gibney Katrin IRE (27/11/21)	135	Liege M-Christine FRA (30/03/19)	290
M6	Liege Marie-Christine FRA (26/3/22)	95,5	Liege Marie-Christine FRA (23/3/2024)	65	Liege Marie-Christine FRA (26/3/22)	120	Liege Marie-Christine FRA (26/3/22)	277,5
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Duncan Esther USA (4/11/2017)	105,5	Houser Alexia USA 1995	55	Lindow Heidi GBR (10/04/22)	135	Lindow Heidi GBR (10/04/22)	287,5
T2	Camilli Clémence FRA (23/3/2024)	110	Willan Emma ENG 1993	70	Camilli Clémence FRA (23/03/2024)	160	Camilli Clémence FRA (23/03/2024)	325
T3	VERNON Manon FRA (15/11/2025)	123	VERNON Manon FRA (15/11/2025)	75,5	Muir Jeniffer GBR (20/06/19)	157,5	Muir Jeniffer GBR (20/06/19)	347,5
JR	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Joshi Poppy GBR (03/11/2018)	171,5	Jäggi Nora SWI 18/2/17	382,5
SR	MacPherson Charlotte GBR (26/10/2020)	160	Pierce Jackie USA 1998	105	Haslam* Melanie GBR (25/02/2017)	187,5	MacPherson Charlotte GBR (26/10/2020)	437,5
M1	Wilson Alexia GBR (5/11/2023)	152,5	Wilson Alexia GBR (14/7/2024)	90	Wilson Alexia GBR (14/7/2024)	180,5	Wilson Alexia GBR (14/7/2024)	435
M2	Barry Karen IRL (31/10/2015)	135	Meunier Sarah FRA (23/3/2024)	72,5	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
M3	Estel Sophie FRA (31/3/18)	123	Burr Carol USA 2008	77,5	Burr Carol USA 2008	165	Burr Carol USA 2008	340
M4	Kostadinov Helen AUS 2002	117,5	KOSTADINOS Helen AUS 2002	72,5	Kostadinov Helen AUS 2002	150	Kostadinov Helen AUS 2002	335
M5	Kostadinov Helen AUS 2008	107,5	KOSTADINOS Helen AUS 2008	65,5	Kostadinov Helen AUS 2008	140	Kostadinov Helen AUS 2008	312,5
M6	Liege Marie-Christine FRA (26/3/22)	95,5	Liege Marie-Christine FRA (23/3/2024)	65	Kostadinov Helen AUS 2009	127,5	Kostadinov Helen AUS 2009	282,5
M7	Walker Kate USA 17/8/19	60	Walker Kate USA 17/8/19	40	Walker Kate USA 17/8/19	85	Walker Kate USA 17/8/19	185
M8		52,5		32,5		70		155
M9		50		30		65		145
M10		47,5		27,5		52,5		127,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Bell Alicia GBR (29/07/2018)	260
T2	Head Shachar ENG (2/11/2013)	145	Head Shachar ENG (2/11/2013)	75	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
T3	Campbell Emma GBR (2/11/2024)	151	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
JR	Swankie Kara GBR (20/06/19)	150	Marsh Natalie GBR (4/11/2017)	95	Swankie Kara GBR (20/06/19)	200	Swankie Kara GBR (20/06/19)	430
SR	Halfaoui Imam GBR (22/7/23)	170	Berther Gina SWI (15/11/2025)	100	Berther Gina SWI (15/11/2025)	212,5	Berther Gina SWI (15/11/2025)	467,5
M1	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
M2	Anderson Mary GBR (28/03/15)	150	Allen Amelia GBR (20/06/19)	90	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
M3	Bush Mandy J GBR (27/04/2019)	125	Perrone Susana ITA (31/10/2015)	75	Bush Mandy J GBR (27/04/2019)	185	Bush Mandy J GBR (27/04/2019)	377,5
M4	Ishchenko Liudmyla UKR (12/11/2016)	115	Ishchenko Liudmyla UKR (26/10/2019)	70,5	Ishchenko Liudmyla UKR (12/11/2016)	130,5	Ishchenko Liudmyla UKR (12/11/2016)	310
M5	Giles Susan GBR (13/11/2022)	107,5	Giles Susan GBR (13/11/2022)	63	Giles Susan GBR (13/11/2022)	130,5	Giles Susan GBR (13/11/2022)	300
M6		0	Farrell Imelda IRE (1/11/2014)	47,5		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Dechamps Nadege BEL (7/4/12)	357,5
T2	Head Shachar ENG (2/11/2013)	145	Eisenberg Erin USA 1995	77,5	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
T3	Campbell Emma GBR (2/11/2024)	151	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
JR	Swankie Kara GBR (20/06/19)	150	Marsh Natalie GBR (4/11/2017)	95	Swankie Kara GBR (20/06/19)	200	Swankie Kara GBR (20/06/19)	430
SR	Halfaoui Imam GBR (22/7/23)	170	Oajen Betsy USA 1996	115	Berther Gina SWI (15/11/2025)	212,5	Berther Gina SWI (15/11/2025)	467,5
M1	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
M2	Anderson Mary GBR (28/03/15)	150	Allen Amelia GBR (20/06/19)	90	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
M3	Bush Mandy J GBR (27/04/2019)	125	Duncan Karen USA 1995	82,5	Bush Mandy J GBR (27/04/2019)	185	Bush Mandy J GBR (27/04/2019)	377,5
M4	Ishchenko Liudmyla UKR (12/11/2016)	115	Ishchenko Liudmyla UKR (26/10/2019)	70,5	Burr Carol USA (4/11/2017)	140	Ishchenko Liudmyla UKR (12/11/2016)	310
M5	Giles Susan GBR (13/11/2022)	107,5	Giles Susan GBR (13/11/2022)	63	Giles Susan GBR (13/11/2022)	130,5	Giles Susan GBR (13/11/2022)	300
M6	Clonninger Grace USA 2001	90	Clonninger Dianne AUS 2001	55	Clonninger Grace USA 2001	112,5	Clonninger Grace USA 2001	257,5
M7		60		37,5		77,5		175
M8		55		35		75		165
M9		52,5		32,5		70		155
M10		50		27,5		52,5		130

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Alicia GBR (27/04/2019)	115	Bell Alicia GBR (20/06/19)	70	Bell Alicia GBR (20/06/19)	140	Bell Alicia GBR (20/06/19)	312,5
T2	Winfield Lauren GBR (20/06/19)	125	Bennett Gabriella ENG 2010	62,5	Bennett Gabrielle ENG 10	142,5	Winfield Lauren GBR (20/06/19)	315
T3	Bennett Gabrielle ENG (7/4/12)	126	Kom Alice FRA (20/04/2024)	75	Kom Alice FRA (20/04/2024)	167,5	Bennett Gabrielle ENG (7/4/12)	342,5
JR	DI PERNA MICOL ITA (26/10/2019)	140,5	DI PERNA MICOL ITA (26/10/2019)	78	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
SR	Hawtorn-Smith Takara GBR(5/11/202	168	Cunninghame Bernie SCT (31/10/15)	107,5	Hawtorn-Smith Takara GBR(5/11/202	212,5	Hawtorn-Smith Takara GBR(23/7/23	462,5
M1	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
M2	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
M3	Weetman Christine GBR (5/11/2023)	110	Heary Diana GBR (5/11/2023)	60	Heary Diana GBR (5/11/2023)	147,5	Weetman Christine GBR (5/11/2023)	307,5
M4	Towersey Karen GBR (10/4/22)	85	Towersey Karen GBR (10/4/22)	62,5	Towersey Karen GBR (10/4/22)	137,5	Towersey Karen GBR (10/4/22)	285
M5	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Alicia GBR (27/04/2019)	115	Bell Alicia GBR (20/06/19)	70	Bell Alicia GBR (20/06/19)	140	Bell Alicia GBR (20/06/19)	312,5
T2	Winfield Lauren GBR (20/06/19)	125	Beachler Lisa USA 1999	90	Bennett Gabrielle ENG 10	142,5	Beacher Lisa USA 99	332,5
T3	Bennett Gabrielle ENG (7/4/12)	126	Eisenberg Erin USA 1996	80	Kom Alice FRA (20/04/2024)	167,5	Bennett Gabrielle ENG (7/4/12)	342,5
JR	DI PERNA MICOL ITA (26/10/2019)	140,5	DI PERNA MICOL ITA (26/10/2019)	78	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
SR	Hawtorn-Smith Takara GBR(5/11/202	168	Cunninghame Bernie SCT (31/10/15)	107,5	Hawtorn-Smith Takara GBR(5/11/202	212,5	Hawtorn-Smith Takara GBR(23/7/23	462,5
M1	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
M2	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
M3	Wright Judith AUS 2001	117,5	Wright Judy AUS 2001	60	Heary Diana GBR (5/11/2023)	147,5	Wright Judy AUS 2001	322,5
M4	Towersey Karen GBR (10/4/22)	85	Trevorah Ellen USA 1993	75	Towersey Karen GBR (10/4/22)	137,5	Towersey Karen GBR (10/4/22)	285
M5	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
M6		75		42,5		95		212,5
M7		67,5		40		85		192,5
M8		60		37,5		80		177,5
M9		55		35		75		165
M10		52,5		27,5		70		135

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN - 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0		0
T2	O'Donnel Amelia GBR (20/06/19)	145	Lungu Ionela IRE (27/04/2025)	72,5	O'Donnel Amelia GBR (20/06/19)	180	O'Donnel Amelia GBR (20/06/19)	385
T3		0		0		0		0
JR	Hynes Pippa GBR (20/06/19)	107,5	Hynes Pippa GBR (20/06/19)	65	Mc Morrow Ruth IRE (27/04/2019)	125	Myers Corinna USA (2/11/2024)	405
SR	Greene Deidre USA (4/11/2017)	181	Saussois Gladys FRA 2007	112,5	Rawsthorne Melanie GBR (14/7/2024)	210,5	Greene Deidre USA (4/11/2017)	492,5
M1	Thompson Polly GBR (25/02/2017)	165	Samson Leigh GBR (29/07/2018)	95	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016)	412,5
M2	Thompson Polly GBR (20/6/19)	170	Laird Joanne GBR (11/10/21)	90	Thompson Polly GBR (3/11/2018)	200	Thompson Polly GBR (27/11/21)	440
M3	Polly Thompson GBR (14/7/2024)	165	Sarah Marsden GBR (23/7/23)	82,5	Thompson Polly GBR (2/11/2024)	201	Polly Thompson GBR (14/7/2024)	432,5
M4		0		0		0	Margraves Sharri USA (4/11/2017)	365
M5		0		0		0	Margraves Sharri USA (2/11/2024)	330
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMEN - 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		77,5		45		52,5		215
T2	O'Donnel Amelia GBR (20/06/19)	145	Lungu Ionela IRE (27/04/2025)	72,5	O'Donnel Amelia GBR (20/06/19)	180	O'Donnel Amelia GBR (20/06/19)	385
T3	DeVolder Keri USA 17/8/19	107,5	Kiriaki Lisa usa 1996	80	DeVolder Keri USA 17/8/19	125	DeVolder Keri USA 17/8/19	302,5
JR	Myers Corinna USA (2/11/2024)	152,5	Sullivan Stacey AUS 2001	82,5	Myers Corinna USA(20/07/2024)	187,5	Myers Corinna USA(20/07/2024)	410
SR	Greene Deidre USA (4/11/2017)	181	Regan Cyndi USA 1992	130	Rawsthorne Melanie GBR (14/7/2024)	210,5	Greene Deidre USA (4/11/2017)	492,5
M1	Thompson Polly GBR (25/02/2017)	165	Regan Cyndi USA 1992	130	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016)	412,5
M2	Thompson Polly GBR (20/6/19)	170	Regan Cyndi USA 1995	115	Thompson Polly GBR (3/11/2018)	200	Thompson Polly GBR (27/11/21)	440
M3	Polly Thompson GBR (14/7/2024)	165	Sarah Marsden GBR (23/7/23)	82,5	Thompson Polly GBR (2/11/2024)	201	Polly Thompson GBR (14/7/2024)	432,5
M4	Margraves Sharri USA (4/11/2017)	128	Margraves Sharri USA (4/11/2017)	80,5	Margraves Sharri USA (4/11/2017)	165	Margraves Sharri USA (4/11/2017)	365
M5	Margraves Sharri USA (2/11/2024)	105	Margraves Sharri USA (2/11/2024)	80	Margraves Sharri USA (2/11/2024)	145	Margraves Sharri USA (2/11/2024)	330
M6		82,5		50		100		232,5
M7		75		45		90		210
M8		67,5		40		85		192,5
M9		60		37,5		80		177,5
M10		55		30		55		140

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMEN + 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		0		0		0	0
T2		0		0		0	0
T3		0		0		0	0
JR		0		0		0	0
SR	Fortune Dominique GBR (14/7/2024)	200	Fortune Dominique GBR (14/7/2024)	105	Fortune Dominique GBR (14/7/2024)	240	Fortune Dominique GBR (14/7/2024) 545
M1		0		0		0	Cachia-Garrett Angela AUS (2/11/2024) 392,5
M2	Mcbride Amanda GBR (14/7/2024)	115	Mcbride Amanda GBR (14/7/2024)	65	Mcbride Amanda GBR (14/7/2024)	145	Mcbride Amanda GBR (14/7/2024) 325
M3		0		0		0	0
M4		0		0		0	Mils Diane AUS (2/11/2024) 335
M5		0		0		0	Mayes Rachel USA (2/11/2024) 117,5
M6		0		0		0	0
M7		0		0		0	0
M8		0		0		0	0
M9		0		0		0	0
M10		0		0		0	0

WORLD RECORDS

WOMEN + 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		87,5		55		100	242,5
T2		95		60		110	265
T3		105		65		120	290
JR		115		70		130	315
SR	Fortune Dominique GBR (14/7/2024)	200	Fortune Dominique GBR (14/7/2024)	105	Fortune Dominique GBR (14/7/2024)	240	Fortune Dominique GBR (14/7/2024) 545
M1	Cachia-Garrett Angela AUS (2/11/2024)	142,5	Cachia-Garrett Angela AUS (2/11/2024)	85	Cachia-Garrett Angela AUS (2/11/2024)	165	Cachia-Garrett Angela AUS (2/11/2024) 392,5
M2	Mcbride Amanda GBR (14/7/2024)	115	Mcbride Amanda GBR (14/7/2024)	65	Mcbride Amanda GBR (14/7/2024)	145	Mcbride Amanda GBR (14/7/2024) 325
M3		112,5		70		130	312,5
M4	Mils Diane AUS (2/11/2024)	122,5	Mils Diane AUS (2/11/2024)	77,5	Mils Diane AUS (2/11/2024)	135	Mils Diane AUS (2/11/2024) 335
M5		97,5		62,5		115	275
M6		92,5		60		110	262,5
M7		85		55		100	240
M8		77,5		45		90	212,5
M9		70		42,5		85	197,5
M10		65		37,5		60	162,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Prepelita Vladimir MOL 2007	107,5	Prepelita Vladimir MOL 2007	70	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
T2	Hons Matthew BEL 11/2/17	112,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
T3	Oger Oleksii UKR (1/11/2014)	90	Musik M POL 1993	77,5	Oger Oleksii UKR (1/11/2014)	107,5	Oger Oleksii UKR (1/11/2014)	267,5
JR	Merriman Owen GBR (21/06/19)	107,5	Merriman Owen GBR (21/06/19)	65	Bailey Joseph GBR (25/02/2017)	140	Bailey Joseph SCT (27/02/2017)	300
SR	Nurnazarov Vepa TKM (12/11/2011)	125	Forbes Brian IRE 1997	97,5	Nurnazarov Vepa TKM (12/11/2011)	176	Nurnazarov Vepa TKM (12/11/2011)	392,5
M1			Forbes Brian IRE 1997	97,5		0		0
M2		0		0		0		0
M3	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
M4		0	Andrieu Prospere FRA 1992	70		0		0
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Jaranowski John USA (2/11/2024)	108	Jaranowski John USA (2/11/2024)	70,5	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
T2	Seng Evan USA (10/10/20)	117,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
T3	Wrenn Johnathan USA (12/11/2011)	142,5	Wrenn Johnathan USA (12/11/2011)	90	Wrenn Johnathan USA (12/11/2011)	160	Wrenn Johnathan USA (12/11/2011)	392,5
JR	Wrenn Johnathon USA (27/10/2012)	150	Wrenn Johnathon USA (27/10/2012)	95	Wrenn Johnathon USA (27/10/2012)	172,5	Wrenn Johnathon USA (27/10/2012)	417,5
SR	Wrenn Johnathon USA (27/10/2012)	150	Nguyen Doan USA 1993	110	Nurnazarov Vepa TKM (12/11/2011)	176	Wrenn Johnathon USA (27/10/2012)	417,5
M1		107,5	Forbes Brian IRE 1997	97,5		120		305
M2		102,5		72,5		115		290
M3	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
M4		92,5	Andrieu Prospere FRA 1992	70		105		265
M5		87,5		65		100		252,5
M6		85		60		92,5		237,5
M7		72,5		52,5		80		205
M8		65		47,5		72,5		185
M9		57,5		42,5		65		165
M10		52,5		37,5		57,5		147,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Chirica Viktor MLD (20/04/2024)	120,5	DE BONIS DAVIDE ITA (29/04/2017)	75	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
T2	PREPELITA Vladimir (2008) MOL	135	Prepelita Vladimir MOL 2008	87,5	AIKMAN JNR David (2009) SCO	163	Prepelita Vladimir MOL 2008	377,5
T3	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
JR	Miraglia Mattia ITA (31/10/2015)	125	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Miraglia Mattia ITA (31/10/2015)	395
SR	Mouhoubi Yacine BEL (15/11/2025)	105	Forbes Brian IRE 1998	103	Gavigan Justin IRE 2007	185	Anderson Brandon USA (4/11/2017)	447,5
M1		117,5	Forbes Brian IRE 1998	103		127,5		330
M2	Walsh Gareth IRE (26/10/2019)	135	Forbes Brian IRE 2006	92,5	Walsh Gareth IRE (26/10/2019)	170	Walsh Gareth IRE (26/10/2019)	397,5
M3	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
M4		0		0		0		0
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8	Catricala Domenico ITA (12/11/2016)	90	Catricala Domenico ITA (12/11/2016)	35	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
M9		65		47,5		0		182,5
M10		0		0		0		0

WORLD RECORDS

MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Chirica Viktor MLD (20/04/2024)	120,5	Zielinski Logan USA 2008	87,5	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
T2	PREPELITA Vladimir (2008) MOL	135	Curatolo Dominic USA 1997	107,5	Ross Cole USA 17/8/19	164	Prepelita Vladimir MOL 2008	377,5
T3	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
JR	Wrenn Johnathon USA (2/11/2013)	160	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Wrenn Johnathon USA (2/11/2013)	420
SR	Wrenn Jonathan USA (27/7/2018)	172,5	Higgins Fred USA 1992	132,5	Anderson Brandon USA (4/11/2017)	195	Anderson Brandon USA (4/11/2017)	447,5
M1		117,5	Higgins Fred USA 1992	132,5		127,5		330
M2	Walsh Gareth IRE (26/10/2019)	135	Forbes Brian IRE 2006	92,5	Walsh Gareth IRE (26/10/2019)	170	Walsh Gareth IRE (26/10/2019)	397,5
M3	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
M4		102,5		72,5		110		285
M5		97,5		70		105		272,5
M6		92,5	Smith Dennis USA 1997	77,5		97,5		255
M7		80		57,5		85		222,5
M8	Catricala Domenico ITA (12/11/2016)	90	Lotherington Bill AUS (13/7/13)	55	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
M9		65		47,5		70		182,5
M10		57,5		42,5		62,5		162,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
T2	Schmitz Kyle BEL (15/11/2025)	152,5	Schmitz Kyle BEL (15/11/2025)	108	Calmic Viktor MLD (20/04/2024)	180,5	Schmitz Kyle BEL (15/11/2025)	417,5
T3	DEBONIS DAVIDE ITA (26/10/2019)	152,5	Strech Adrian MDA (12/11/2016)	108	Boughlama Yanis FRA (28/04/2019)	185,5	DEBONIS DAVIDE ITA (26/10/2019)	430
JR	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
SR	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Donelon Sean IRE 2010	215	Hampson Ben GBR (29/07/2018)	477,5
M1	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
M2	Brown Stephen 2008 ENG	150	Walsh Garreth IRE (27/11/21)	100	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
M3	Grünberg Michael GER (13/10/18)	80	Durdey Graham ENG 1995	86	Grünberg Michael GER (13/10/18)	142,5	Grünberg Michael GER (13/10/18)	295
M4	Grünberg Michael GER (20/04/2024)	110	Tidona Vincenzo FRA 1990	100	Grünberg Michael GER (20/04/2024)	165	Grünberg Michael GER (20/04/2024)	350
M5		0	Tidona Vincenzo FRA 1992	107,5		0		0
M6	Colella Antonio ITA (31/10/2015)	145	Duffield Jack ENG 1995	70	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
M7	Lilley Barry GBR (12/11/2022)	107,5	Lilley Barry GBR (12/11/2022)	70	Lilley Barry GBR (12/11/2022)	145,5	Lilley Barry GBR (12/11/2022)	322,5
M8	Catricala Domenico ITA (5/05/2012)	80	Cluer Ron ENG 1995	60,5	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
M9	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
M10		0		0		0		0

WORLD RECORDS

MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
T2	Schmitz Kyle BEL (15/11/2025)	152,5	Kempf Jesse USA 1997	110	Calmic Viktor MLD (20/04/2024)	180,5	Schmitz Kyle BEL (15/11/2025)	417,5
T3	DEBONIS DAVIDE ITA (26/10/2019)	152,5	Strech Adrian MDA (12/11/2016)	108	Boughlama Yanis FRA (28/04/2019)	185,5	DEBONIS DAVIDE ITA (26/10/2019)	430
JR	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
SR	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Donelon Sean IRE 2010	215	Hampson Ben GBR (29/07/2018)	477,5
M1	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
M2	Brown Stephen 2008 ENG	150	Litchfield Fred AUS 1996	112,5	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
M3		115	Griffith Paul USA 1996	100	Grünberg Michael GER (13/10/18)	142,5		322,5
M4		110	Tidona Vincenzo FRA 1990	100	Grünberg Michael GER (20/04/2024)	165	Grünberg Michael GER (20/04/2024)	350
M5		105	Tidona Vincenzo FRA 1992	107,5	Morrison Gary USA 2009	145	Morrison Gary USA 2009	302,5
M6	Colella Antonio ITA (31/10/2015)	145	Kawasaki Non USA 1997	97,5	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
M7	Lilley Barry GBR (12/11/2022)	107,5	Lilley Barry GBR (12/11/2022)	70	Lilley Barry GBR (12/11/2022)	145,5	Lilley Barry GBR (12/11/2022)	322,5
M8	Catricala Domenico ITA (5/05/2012)	80	Smith Steve USA 2008	75	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
M9	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
M10		62,5		45		67,5		175

WDFPF POWERLIFTING RECORDS UNEQUIPPED

EUROPEAN RECORDS

MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
T2	Holland Jordan IRE (3/11/2018)	170,5	Green Mark ENG 07/04/2013	130	Motora Tymofii GER (15/11/2025)	201,5	Green Mark ENG 07/04/2013	480
T3	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
JR	Moynihan Kelvin IRE (16/8/15)	185	Calmic Dumitru MLD (26/10/2019)	130	Wardley Jonathan GBR (29/07/2018)	240	Humphreys Tom GBR (3/11/2018)	500
SR	Velarde Daniel SWI (26/10/2019)	207,5	Kuczera Mariusz POL 1993	150	Watts David GBR (26/10/2019)	261	Gray David ENG (2/11/2013)	582,5
M1	Degiorgio Charles MAL (26/10/2019)	190	Bedford Peter WAL 2006	130	Degiorgio Charles MAL (26/10/2019)	247,5	Degiorgio Charles MAL (26/10/2019)	552,5
M2	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
M3	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
M4	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
M5	Chavatte Jean-Pierre	132,5	Tidona Vincenzo FRA 1993	100,5	Caneo Salvatore ITA 12/11/16	176	Paul Ron USA (2/11/2024)	397,5
M6	Camus -Mollet D. FRA 2004	152,5	Keirnan Laurence GBR (4/11/2023)	87,5	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
M7	Camus -Mollet D. FRA 2007	145	Marcinkowski Michal BEL (12/11/2022)	80	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
M8	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vinzeno FRA 2007	150	Tidona Vincenzo FRA 2007	330
M9		0	Cluer Ron ENG 1997	57,5		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
T2	Holland Jordan IRE (3/11/2018)	170,5	Green Mark ENG 07/04/2013	130	Motora Tymofii GER (15/11/2025)	201,5	Green Mark ENG 07/04/2013	480
T3	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
JR	Moynihan Kelvin IRE (16/8/15)	185	Calmic Dumitru MLD (26/10/2019)	130	Wardley Jonathan GBR (29/07/2018)	240	Humphreys Tom GBR (3/11/2018)	500
SR	Velarde Daniel SWI (26/10/2019)	207,5	Conyers Tony USA 1996	182,5	Watts David GBR (26/10/2019)	261	Gray David ENG (2/11/2013)	582,5
M1	Degiorgio Charles MAL (26/10/2019)	190	Johnson S USA 1993	137,5	Degiorgio Charles MAL (26/10/2019)	247,5	Degiorgio Charles MAL (26/10/2019)	552,5
M2	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
M3	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
M4	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
M5	Paul Ron USA (2/11/2024)	150	Cortes Robert USA 1994	122,5	Caneo Salvatore ITA 12/11/16	176	Paul Ron USA (2/11/2024)	397,5
M6	Camus -Mollet D. FRA 2004	152,5	Cortes Robert USA 1996	125	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
M7	Camus -Mollet D. FRA 2007	145	Bonner Harry USA 1994	85	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
M8	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vinzeno FRA 2007	150	Tidona Vincenzo FRA 2007	330
M9		75	Cluer Ron ENG 1997	57,5		82,5		215
M10		67,5		52,5		75		195

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	Deegan David IRE 2008	170	Holland Kai ENG 2010	387,5
T2	Rowles Liam ENG (05/04/2014)	205	Ridett Lewis ENG 2011	132,5	Guichot Antonin FRA (18/04/2026)	240,5	Guichot Antonin FRA (18/04/2026)	542,5
T3	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
JR	Sudarminto Indra BEL (7/4/12)	230	Giossi Savio SWI (15/11/2025)	150	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
SR	Sudarminto Indra BEL (19/3/18)	265	Sudarminto Indra BEL (29/04/2017)	170	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
M1	Hannah David SCT 2005	195		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
M2	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
M3	Lolacona Vincent ITA 2004	195	Shaw Mike ENG 1992	127,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
M4	Forget Bernard FRA 2005	177,5	Haynes Cliff ENG 25/2/17	137,5	Forget Bernard FRA 2005	230	Stagg Mike USA (2/11/2024)	545
M5	Meredith Thomas GBR (29/07/2018)	175	Dumontois Jaques FRA 2001	120	Mahourat Pascal FRA (29/04/2023)	220	Meredith Thomas GBR (29/07/2018)	475
M6	MAUHOURLAT Pascal FRA (15/11/2024)	161,5	BOUDOT Philippe FRA (15/11/2025)	117,5	MAUHOURLAT Pascal FRA (18/04/2024)	215	MAUHOURLAT Pascal FRA (15/11/2024)	460
M7	Freeman David GBR (12/10/21)	135	Passmore George ENG 2004	100,5	Tarran Ed ENG 2001	180	Henrion Denis FRA (15/11/2025)	385
M8	Van Ladestein Dick NED (18/10/2025)	130	Van Ladestein Dick NED (18/10/2025)	90	Tarran Ed ENG 2003	175	Van Ladestein Dick NED (18/10/2025)	380
M9	Legg Bill GBR (31/8/2024)	85	Legg Bill GBR (31/8/2024)	63	Legg Bill GBR (31/8/2024)	110	Legg Bill GBR (31/8/2024)	257,5
M10		0		0		0		0

WORLD RECORDS

MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	De Haan Curtis AUS 2006	200	De Haan Curtis AUS 2006	407,5
T2	Rowles Liam ENG (05/04/2014)	205	Walters John USA 1995	140	Guichot Antonin FRA (18/04/2026)	240,5	Guichot Antonin FRA (18/04/2026)	542,5
T3	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
JR	Sudarminto Indra BEL (7/4/12)	230	Flick Nathan AUS 1997	177,5	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
SR	Sudarminto Indra BEL (19/3/18)	265	Beavers Martin USA 1990	185	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
M1	Horner David USA (19/7/14)	196		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
M2	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
M3	Lolacona Vincent ITA 2004	195	Arlinton Rafael USA 1994	157,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
M4	Morrison Austin AUS 2002	192,5	Stagg Mike USA (2/11/2024)	147,5	Forget Bernard FRA 2005	230	Stagg Mike USA (2/11/2024)	545
M5	Meredith Thomas GBR (29/07/2018)	175	Hamblin Ed USA 1992	120	Marcinkowski Michael CAN (12/11/2010)	226	Marcinkowski Mike CAN 2010	475
M6	MAUHOURLAT Pascal FRA (15/11/2024)	161,5	BOUDOT Philippe FRA (15/11/2025)	117,5	MAUHOURLAT Pascal FRA (18/04/2024)	215	MAUHOURLAT Pascal FRA (15/11/2024)	460
M7	Smoker Jon USA (10/10/20)	137,5	Seckman Rod USA(20/07/2024)	101	Smoker Jon USA (10/10/20)	182,5	Smoker Jon USA (10/10/20)	417,5
M8	Van Ladestein Dick NED (18/10/2025)	130	Van Ladestein Dick NED (18/10/2025)	90	Tarran Ed ENG 2003	175	Van Ladestein Dick NED (18/10/2025)	380
M9	Legg Bill GBR (31/8/2024)	85	Legg Bill GBR (31/8/2024)	63	Legg Bill GBR (31/8/2024)	110	Legg Bill GBR (31/8/2024)	257,5
M10		75		57,5		82,5		215

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Gonzaga Joseph GBR (4/11/2023)	190	Bradshaw Laurence ENG 2006	110	Bradshaw Laurence ENG 2006	202,5	Gonzaga Joseph GBR (4/11/2023)	467,5
T2	CAISÎN Roman MLD (20/04/2024)	200	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/201)	230,5	Pjatnitski Nikolai EST (27/05/2012)	525
T3	Jenkins Steve ENG 2003	215	Mirabella Cristian ITA (26/10/2019)	140,5	Deacon-Smith Matt ENG (31/03/2013)	247,5	Cutler Craig ENG 2010	572,5
JR	BUSUIOC Cristian MLD (20/04/2024)	233	Borriello Guiseppe ITA (29/04/2017)	158	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013)	627,5
SR	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Fey Dominik GER (29/04/2023)	290,5	Sudarminto Indra BEL (8/04/2016)	715
M1	Ryan John IRL (2/11/2013)	237,5	Ambler Derek ENG 1990	150	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013)	620
M2	Walsh Steve SCT 07/04/2013)	222,5	Minty Vince ENG (27/02/16)	155,5	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001	617,5
M3	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008	657,5
M4	Mauhorat Pascal FRA (28/3/15)	191	Round Michael ENG (05/04/2014)	140	Mahourat Pascal FRA (28/3/15)	261	Mauhorat Pascal FRA (28/3/15)	565
M5	Mauhorat Pascal FRA (30/03/19)	182,5	Round Michael GBR (28/04/2019)	143	Mauhourat Pascal FRA (26/03/2022)	245	Mauhourat Pascal FRA (26/03/2022)	525
M6	Fortier Daniel FRA (23/3/2024)	175	Rodger Dave ENG 1993	133	Marotta Rosario ITA (26/10/2019)	225	Marotta Rosario ITA (26/10/2019)	500
M7	West Eric ENG 2011	115	West Eric ENG 2011	80	West Eric ENG 2011	150	Vaughan David AUS (16/11/2025)	375
M8		0		0		0	Kohut Tony USA (2/11/2024)	302,5
M9	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013	355
M10		0		0		0		0

WORLD RECORDS

MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Gonzaga Joseph GBR (4/11/2023)	190	Bradshaw Laurence ENG 2006	110	De Haan Curtis AUS 2007	240	De Haan Curtis AUS 2007	515
T2	CAISÎN Roman MLD (20/04/2024)	200	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/201)	230,5	Pjatnitski Nikolai EST (27/05/2012)	525
T3	Jenkins Steve ENG 2003	215	Dexter Andrew CAN 1994	145,5	Dexter Andrew CAN 1994	260	Dexter Andrew CAN 1994	607,5
JR	BUSUIOC Cristian MLD (20/04/2024)	233	Riney Dennis USA 1996	172,5	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013)	627,5
SR	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Fey Dominik GER (29/04/2023)	290,5	Sudarminto Indra BEL (8/04/2016)	715
M1	Ryan John IRL (2/11/2013)	237,5	Kloostergaard Jim USA 1992	175	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013)	620
M2	Walsh Steve SCT 07/04/2013)	222,5	Thomas Walter USA 1993	190	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001	617,5
M3	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008	657,5
M4	Clow John AUS 2008	200	Rouse James USA 1996	175	Mahourat Pascal FRA (28/3/15)	261	Mauhorat Pascal FRA (28/3/15)	565
M5	Morrison Austin (AUS)	190	Round Michael GBR (28/04/2019)	143	Mauhourat Pascal FRA (26/03/2022)	245	Mauhourat Pascal FRA (26/03/2022)	525
M6	Fortier Daniel FRA (23/3/2024)	175	Rodger Dave ENG 1993	133	Marotta Rosario ITA (26/10/2019)	225	Marotta Rosario ITA (26/10/2019)	500
M7	Batko Robert USA (11/06/2016)	152,5	Vaughan David AUS (2/11/2024)	100	Batko Robert USA 11/06/16	197,5	Batko Robert USA 11/06/16	435
M8		102,5		72,5	Kohut Tony USA (2/11/2024)	150	Kohut Tony USA (2/11/2024)	302,5
M9	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013	355
M10		82,5		60		90		232,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bradshaw Laurence ENG 2006	162,5	Clarke Ollie ENG (28/2/16)	117,5	Bradshaw Laurence ENG 2006	227,5	Bradshaw Laurence ENG 2006	492,5
T2	Morrison McKenzie GBR (12/11/2022)	195	Morrison McKenzie GBR (24/4/22)	140	Morrison McKenzie GBR (12/11/2022)	225	Morrison McKenzie GBR (12/11/2022)	550
T3	Cutler Craig ENG 2011	230	Salim Mohamad BEL (18/10/2025)	172,5	Le Cras Brett ENG 2011	265	Cutler Craig ENG 2011	630
JR	BUSUIOC Cristian MLD (16/11/2025)	240,5	Percival Daniel ENG 2008	170	O'Rourke Athony IRE 2010	285	Hollis Harry GBR (28/02/2017)	695
SR	SERVOTTE Geoffry (2006) BEL	262,5	Hollis Harry GBR (26/02/2017)	182,5	Burton Ramone WAL (28/2/16)	320	Minty Terrence GBR (21/06/19)	697,5
M1	Protheroe Chris WAL (28/2/16)	238	Vaillant Cyrille FRA (18/04/2015)	176	Verbeke Beny BEL 2010	292,5	Zaripov (MPF) Rinat UKR (1/11/2014)	677,5
M2	Van Niekerk Edward ENG 2005	241	Luka Jan POL 1994	175	Verbeke Beny BEL (7/4/12)	300	Bonner Andy ENG 2001	687,5
M3	Bonner Andy ENG 2009	250	Ambler Derek ENG 1998	167,5	Bonner Andy ENG 2009	287,5	Bonner Andy ENG 2009	687,5
M4	Bonner Andy ENG 2011	245	Bonner Andy ENG 2011	157,5	Bonner Andy ENG 2011	277,5	Bonner Andy ENG 2011	680
M5	Valfrey Patrick FRA (16/11/2025)	187,5	Vandecasteele Johan BEL (21/04/202)	150,5	Davies Andy ENG 2008	232,5	Grotto Leonida ITA 2005	535
M6	CORTOT Rémi FRA (27/10/2019)	177,5	Fulton John SCO 1991	127,5	Davies Andy ENG 2009	220	CORTOT Rémi FRA (27/10/2019)	497,5
M7	Reveiller Hugues FRA (23/3/2024)	160	Reveiller Hugues FRA (23/3/2024)	105,5	Reveiller Hugues FRA (23/3/2023)	200	Reveiller Hugues FRA (23/3/2024)	465
M8	Bustreel Serge FRA (26/03/2022)	180	Lingard Clive GBR (21/04/2024)	100	BUSTREEL Serge FRA (30/04/2023)	220	BUSTREEL Serge FRA (30/04/2023)	477,5
M9	Lingard Clive IRE (26/04/2025)	110	Lingard Clive IRE (26/04/2025)	95	Lingard Clive IRE (26/04/2025)	160	Lingard Clive IRE (26/04/2025)	365
M10		0		0		0		0

WORLD RECORDS

MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bradshaw Laurence ENG 2006	162,5	Stevens John USA 95	125	Bradshaw Laurence ENG 2006	227,5	Bradshaw Laurence ENG 2006	492,5
T2	De Haan Curtis (AUS 2009)	200	Morrison McKenzie GBR (24/4/22)	140	De HAAN Curtis (2009) AUS	300	De HAAN Curtis (2009) AUS	620
T3	Cutler Craig ENG 2011	230	Salim Mohamad BEL (18/10/2025)	172,5	Le Cras Brett ENG 2011	265	Cutler Craig ENG 2011	630
JR	BUSUIOC Cristian MLD (16/11/2025)	240,5	Klayhold Keith USA 1998	170	O'Rourke Athony IRE 2010	285	Hollis Harry GBR (28/02/2017)	695
SR	St Clair Jason USA (5/8/23)	272,5	McAuliffe Joe USA 1996	208	Burton Ramone WAL (28/2/16)	320	Capozzi Lou USA 1999	717,5
M1	Protheroe Chris WAL (28/2/16)	238	Vaillant Cyrille FRA (18/04/2015)	176	Verbeke Beny BEL 2010	292,5	Zaripov (MPF) Rinat UKR (1/11/2014)	677,5
M2	Van Niekerk Edward ENG 2005	241	Luka Jan POL 1994	175	Verbeke Beny BEL (7/4/12)	300	Bonner Andy ENG 2001	687,5
M3	Bonner Andy ENG 2009	250	Pagan Sam USA (5/11/2017)	177,5	Bonner Andy ENG 2009	287,5	Bonner Andy ENG 2009	687,5
M4	Bonner Andy ENG 2011	245	Bonner Andy ENG 2011	157,5	Bonner Andy ENG 2011	277,5	Bonner Andy ENG 2011	680
M5	Valfrey Patrick FRA (16/11/2025)	187,5	Vandecasteele Johan BEL (21/04/202)	150,5	Davies Andy ENG 2008	232,5	Grotto Leonida ITA 2005	535
M6	CORTOT Rémi FRA (27/10/2019)	177,5	Remley Bill USA 1996	132,5	Davies Andy ENG 2009	220	CORTOT Rémi FRA (27/10/2019)	497,5
M7	Mansfield Dave USA (27/10/2019)	166	Lee Charles USA 1993	117,5	Mansfield Dave USA (27/10/2019)	211	Van Weenen Wim AUS 2003	475
M8	Bustreel Serge FRA (26/03/2022)	180	Lingard Clive GBR (21/04/2024)	100	BUSTREEL Serge FRA (30/04/2023)	220	BUSTREEL Serge FRA (30/04/2023)	477,5
M9	Lingard Clive IRE (26/04/2025)	110	Lingard Clive IRE (26/04/2025)	95	Lingard Clive IRE (26/04/2025)	160	Lingard Clive IRE (26/04/2025)	365
M10		85		62,5		95		242,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	O Donnell Connor GBR (4/11/2018)	217,5	Clarke Oliver GBR (13/11/2016)	550
T2	Wooding Ted GBR (21/06/19)	201	Keshta Omar ENG 16/4/16	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
T3	Salim Mohammad BEL (16/11/2025)	270	Salim Mohamad BEL (18/10/2025)	172,5	Salim Mohammad BEL (16/11/2025)	300	Salim Mohammad BEL (16/11/2025)	740
JR	Bandula Paul ROU (4/11/2018)	260	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (4/11/2018)	321	Bandula Paul ROU (4/11/2018)	747,5
SR	Gysin Ramon SWI (5/11/2017)	279	Gongarad Roland SWI 2008	205	NAZARENKO Oleksii (2009) UKR	330	Nazarenko Olexiy UKR 2009	765
M1	Pilling Leslie ENG 1999	260	Ravasi Andrea ITA (5/05/2012)	180	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
M2	Pilling Leslie ENG 2001	272,5	Simpson Alan ENG 1997	181	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
M3	Mitchel John ENG 2010	250	Kling Andreas GER 2018	165,5	JEX Terry (2009) ENG	295	Mitchel John	682,5
M4	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
M5	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
M6	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
M7	BUSTREEL Serge FRA (27/10/2019)	202,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
M8	BUSTREEL Serge FRA (18/04/2026)	160,5	Burden Ronald GBR (12/11/2022)	120	BUSTREEL Serge FRA (18/04/2026)	210,5	Burden Ronald GBR (12/11/2022)	462,5
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	O Donnell Connor GBR (4/11/2018)	217,5	Clarke Oliver GBR (13/11/2016)	550
T2	Wooding Ted GBR (21/06/19)	201	Palin Harry ENG (06/04/2014)	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
T3	Salim Mohammad BEL (16/11/2025)	270	Salim Mohamad BEL (18/10/2025)	172,5	Salim Mohammad BEL (16/11/2025)	300	Salim Mohammad BEL (16/11/2025)	740
JR	Bandula Paul ROU (4/11/2018)	260	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (4/11/2018)	321	Bandula Paul ROU (4/11/2018)	747,5
SR	St.Clair Jason USA (10/10/20)	310	Rennert Casey USA 1992	220	NAZARENKO Oleksii (2009) UKR	330	St.Clair Jason USA (10/10/20)	772,5
M1	Pilling Leslie ENG 1999	260	Williams Chevron USA (5/11/2017)	200	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
M2	Pilling Leslie ENG 2001	272,5	Chevalier David USA 1999	200	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
M3	Mitchel John ENG 2010	250	Rizzo Charles USA 1996	175	JEX Terry (2009) ENG	295	Mitchel John	682,5
M4	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
M5	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
M6	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
M7	BUSTREEL Serge FRA (27/10/2019)	202,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
M8	BUSTREEL Serge FRA (18/04/2026)	106,5	Burden Ronald GBR (12/11/2022)	120	BUSTREEL Serge FRA (18/04/2026)	210,5	Burden Ronald GBR (12/11/2022)	462,5
M9		100		72,5		110		282,5
M10		90		65		100		255

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	O Donnell Connor GBR (21/06/19)	207,5	O Donnell Connor GBR (21/06/19)	135	O Donnell Connor GBR (21/06/19)	260	O Donnell Connor GBR (21/06/19)	602,5
T2	Keshta Omar ENG 8/4/16	210	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
T3	Ayetuoma Ewoma GBR (12/11/2022)	237,5	Godea Iulian MOL (1/11/2014)	157,5	Ayetuoma Ewoma GBR (12/11/2022)	285	Ayetuoma Ewoma GBR (12/11/2022)	652,5
JR	Hamilton Aleksander GBR (27/11/21)	255	Verga Gabriele ITA (30/04/2017)	187,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
SR	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Vaipan Bogdan ROM (30/04/2017)	340	Vaipan Bogdan ROM (30/04/2017)	810
M1	Marshall Simon ENG (06/04/2014)	270	Murdock Alistar ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
M2	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
M3	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Boyer Roland FRA (16/11/2025)	301	Mitchell John ENG 2011	725
M4	Pilling Leslie ENG (7/4/12)	232,5	Buckton Stephen GBR (16/11/2025)	173	LEADBETTER Mike (2009) ENG	275,5	Lambert Steven GBR (6/05/2018)	625
M5	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	Da Rocha-Afodu Ped GBR (4/11/2023)	250,5	McConnell Laurence N.IR 2009	615
M6	McConnell Laurence N.IR (12/11/2011)	230	McConnell Laurence N.IR (12/11/2011)	145	Leadbetter Michael GBR (29/07/2018)	230,5	McConnell Laurence N.IR (12/11/2011)	580
M7	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
M8	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	O Donnell Connor GBR (21/06/19)	207,5	O Donnell Connor GBR (21/06/19)	135	O Donnell Connor GBR (21/06/19)	260	O Donnell Connor GBR (21/06/19)	602,5
T2	White Tanner USA (19/07/2014)	232,5	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
T3	Ayetuoma Ewoma GBR (12/11/2022)	237,5	Balis Matt USA 1992	182,5	Ayetuoma Ewoma GBR (12/11/2022)	285	Ayetuoma Ewoma GBR (12/11/2022)	652,5
JR	Hamilton Aleksander GBR (27/11/21)	255	Garris Donovan USA 1996	197,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
SR	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Vaipan Bogdan ROM (30/04/2017)	340	Vaipan Bogdan ROM (30/04/2017)	810
M1	Hayes Kelvin USA 2008	282,5	Murdock Alistar ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
M2	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
M3	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Boyer Roland FRA (16/11/2025)	301	Mitchell John ENG 2011	725
M4	Pilling Leslie ENG (7/4/12)	232,5	Buckton Stephen GBR (16/11/2025)	173	LEADBETTER Mike (2009) ENG	275,5	Ninaber Adrian CAN (2/11/2013)	645
M5	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	Da Rocha-Afodu Ped GBR (4/11/2023)	250,5	McConnell Laurence N.IR 2009	615
M6	McConnell Laurence N.IR (12/11/2011)	230	Ninaber Adrian CAN (5/8/23)	152,5	Ninaber Adrian CAN (5/8/23)	240	Ninaber Adrian CAN (5/8/23)	602,5
M7	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
M8	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
M9		102,5		75		112,5		290
M10		92,5		65		102,5		262,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
T2	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
T3	Osborn Jack GBR (26/02/2017)	250	Osborn Jack GBR (26/02/2017)	162,5	Dechamps Jerome BEL 2007	265	Rushton Josh ENG 2011	667,5
JR	Callus Dylan MAL (4/11/2018)	272,5	Callus Dylan MAL (4/11/2018)	185	Callus Dylan MAL (4/11/2018)	330	Callus Dylan MAL (4/11/2018)	782,5
SR	Nayler Sam GBR (4/11/2023)	300	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
M1	Sutton Pete WAL 2005	270	Lythgoe Simon GBR (7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
M2	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
M3	Boyer Roland FRA (18/04/2026)	271,5	Forsyth Derek GBR (3/11/2024)	190	Forsyth Derek (31/8/2024)	300	Forsyth Derek GBR (3/11/2024)	745
M4	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
M5	O Dwyer John IRE (8/5/16)	195,5	O Dwyer John IRE (8/5/16)	160	Leadbetter Mike ENG (06/04/2014)	253	Leadbetter Mike ENG (7/4/12)	582,5
M6	Leadbetter Mike GBR (26/02/2017)	170	Ploegmakers Jos NED (18/10/2025)	162,5	Ploegmakers Jos NED (18/10/2025)	232,5	Ploegmakers Jos NED (18/10/2025)	555
M7	Walker Trevor John GBR (4/11/2018)	150	Walker Trevor John GBR (4/11/2018)	100,5	Walker Trevor John GBR (4/11/2018)	200,5	Walker Trevor John GBR (4/11/2018)	450
M8	Walker Trevor John GBR (24/4/22)	140	Walker Trevor John GBR (24/4/22)	105	Walker Trevor John GBR (24/4/22)	200	Walker Trevor John GBR (24/4/22)	445
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
T2	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
T3	Sohmer Matt USA (27/10/2012)	332,5	Osborn Jack GBR (26/02/2017)	162,5	Sohmer Matt USA (27/10/2012)	320	Sohmer Matt USA (27/10/2012)	785
JR	Sohmer Matt USA (2/11/2013)	342,5	Callus Dylan MAL (4/11/2018)	185	Sohmer Matt USA (2/11/2013)	337,5	Sohmer Matt USA (2/11/2013)	815
SR	Sohmer Matt USA (2/11/2013)	342,5	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
M1	Sutton Pete WAL 2005	270	Lythgoe Simon GBR (7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
M2	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
M3	Boyer Roland FRA (18/04/2026)	271,5	Batten CJ usa 1997	207,5	Forsyth Derek (31/8/2024)	300	Forsyth Derek GBR (3/11/2024)	745
M4	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
M5	Ninaber Adrian CAN 24/6/17	200	Bonneau Colin CAN 2008	187,5	Leadbetter Mike ENG (06/04/2014)	253	Leadbetter Mike ENG (7/4/12)	582,5
M6	Krueger Gary USA (27/10/2012)	207,5	Ploegmakers Jos NED (18/10/2025)	162,5	Ploegmakers Jos NED (18/10/2025)	232,5	Krueger Gary USA (27/10/2012)	572,5
M7	Walker Trevor John GBR (4/11/2018)	150	Walker Trevor John GBR (4/11/2018)	100,5	Walker Trevor John GBR (4/11/2018)	200,5	Walker Trevor John GBR (4/11/2018)	450
M8	Walker Trevor John GBR (24/4/22)	140	Walker Trevor John GBR (24/4/22)	105	Walker Trevor John GBR (24/4/22)	200	Walker Trevor John GBR (24/4/22)	445
M9		105		77,5		120		302,5
M10		95		67,5		107,5		272,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0		0
T2		0		0		0	Stroud Blake USA (5/11/2017)	607,5
T3	Dechamps Sebastien BEL (7/4/12)	250	Spicer Ben GBR (4/11/2023)	150	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL (7/4/12)	665
JR	Callus Dylan MAL (28/04/2019)	290	Callus Dylan MAL (28/04/2019)	195	Callus Dylan MAL (28/04/2019)	320	Callus Dylan MAL (28/04/2019)	805
SR	Stewart Ian GBR (16/11/2025)	320,5	Denis O fra 1993	230	Useckas Justin GBR (12/11/2022)	363	Irwin Brian IRE 2010	875
M1	Birsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Birsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008	807,5
M2	Sutton Peter WAL 2011	285	Sutton Peter WAL 2011	210	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011	800
M3	Büchi Christoph SWI (16/11/2025)	265	Tetzlaff Martin GER (22/4/22)	190	Büchi Christoph SWI (16/11/2025)	300	Büchi Christoph SWI (16/11/2025)	745
M4	O Donnell Frank GBR (21/06/19)	220	O'Dwyer John IRL (27/04/2013)	168	O Donnell Frank GBR (21/06/19)	287,5	O Donnell Frank GBR (21/06/19)	660
M5	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15)	560
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Stroud Blake USA 24/6/17	200	Stroud Blake USA 24/6/17	152,5	Stroud Blake USA 24/6/17	227,5	Stroud Blake USA 24/6/17	580
T2	Stroud Blake USA (5/11/2017)	220	Stroud Blake USA (5/11/2017)	160	Stroud Blake USA (5/11/2017)	227,5	Stroud Blake USA (5/11/2017)	607,5
T3	Dechamps Sebastien BEL (7/4/12)	250	Lake Matthew USA 1996	202,5	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL (7/4/12)	665
JR	Callus Dylan MAL (28/04/2019)	290	Hulslander Dennis USA 1995	215	Callus Dylan MAL (28/04/2019)	320	Callus Dylan MAL (28/04/2019)	805
SR	Stewart Ian GBR (16/11/2025)	320,5	Moore Beau USA 1995	250	Useckas Justin GBR (12/11/2022)	363	Irwin Brian IRE 2010	875
M1	Birsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Birsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008	807,5
M2	Sutton Peter WAL 2011	285	Nicodemus Ron USA 2008	212,5	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011	800
M3	Büchi Christoph SWI (16/11/2025)	265	Brown Steve USA 2005	205	Büchi Christoph SWI (16/11/2025)	300	Büchi Christoph SWI (16/11/2025)	745
M4	Hill Wayne USA (5/8/23)	230	Hill Wayne USA (5/8/23)	175,5	O Donnell Frank GBR (21/06/19)	287,5	O Donnell Frank GBR (21/06/19))	660
M5	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15)	560
M6		150		107,5		167,5		425
M7		135		97,5		150		382,5
M8		122,5		87,5		135		345
M9		110		80		122,5		312,5
M10		100		72,5		110		282,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0	0	
T2	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017)	587,5
T3	McGonigle Charlie GBR (5/11/2017)	240	McGonigle Charlie GBR (5/11/2017)	130	McGonigle Charlie GBR (5/11/2017)	272,5	McGonigle Charlie GBR (5/11/2017)	642,5
JR		0		0		0	McGonigle Charlie SCT (28/02/2017)	587,5
SR	Kelly Tom ENG 07/04/2013	312,5	Kevin Koch GER 2017	250,5	Kelly Tom ENG (7/4/12)	320	Kelly Tom ENG (7/4/12)	835
M1	Küçük Yaşar GER (13/11/2016)	265	Küçük Yaşar GER (13/11/2016)	200	Küçük Yaşar GER (13/11/2016)	278	Küçük Yaşar GER (13/11/2016)	735
M2	Ryan Peter IRE (8/5/16)	240	Ryan Peter IRE (8/5/16)	205,5	Ryan Peter IRE (8/5/16)	255	Ryan Peter IRE (8/5/16)	700
M3	Duncan William USA (27/10/2012)	235		0		0		0
M4		0		0		0		0
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		147,5		105		165	417,5	
T2	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017)	587,5
T3	Meredith James USA(20/07/2024)	277,5	Newton Joe USA 2009	172,5	McGonigle Charlie GBR (5/11/2017)	272,5	Meredith James USA(20/07/2024)	710
JR		202,2	Nickless Pete USA 1998	185		225	McGonigle Charlie SCT (28/02/2017)	587,5
SR	Deleon Rich USA 2008	315	Kevin Koch GER 2017	250,5	Kelly Tom ENG (7/4/12)	320	Kelly Tom ENG (7/4/12)	835
M1	Deleon Rich USA 2008	315	Deleon Richard USA 2008	202,5	Küçük Yaşar GER (13/11/2016)	278	Deleon Richard USA 2008	795
M2	Patrow Dean CAN 2001	300	Ryan Peter IRE (8/5/16)	205,5	Patrow Dean CAN 2001	265	Patrow Dean Can 2001	752,5
M3	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012)	132,5	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012)	602,5
M4	Duncan William USA 2015	230	Duncan William USA 2015	127,5	Duncan William USA 2015	222,5	Duncan William USA 2015	547,5
M5		175		125		195		495
M6		157,5		117,5		175		450
M7		142,5		100		157,5		400
M8		127,5		90		142,5		360
M9		115		82,5		127,5		325
M10		105		75		115		295

24 May 2026