

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
<b>T2</b>		0	Desmet Cindy BEL 1996	40,5		0		0
<b>T3</b>	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Rutherford Haley ENG (28/3/15)	90	Rutherford Haley ENG (28/3/15)	190
<b>JR</b>	ROAZZI Giulia ITA (26/10/2019)	70	ROAZZI Giulia ITA (26/10/2019)	40	ROAZZI Giulia ITA (26/10/2019)	110	ROAZZI Giulia ITA (26/10/2019)	220
<b>SR</b>	Landridge Beth GBR (10/04/22)	85	Cappai Denise SAR (27/11/21)	50	Landridge Beth GBR (10/04/22)	117,5	Landridge Beth GBR (10/04/22)	245
<b>M1</b>		0		0		0		0
<b>M2</b>	FLANAGAN Imelda ENG 10	70	Flanagan melda ENG 2009	37,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
<b>M3</b>	Flanagan Imelda ENG 2011	75	Flanagan melda ENG 2011	40	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
<b>M4</b>	REEVES P ENG 05	40	Reeves Pat ENG 2005	32,5	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
<b>M5</b>	REEVES P ENG 06	40	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
<b>T2</b>		45	Brost Shea USA 1996	42,5		52,5		122,5
<b>T3</b>	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Anderson Cherish USA (5/8/23)	100	Rutherford Haley ENG (28/3/15)	190
<b>JR</b>	ROAZZI Giulia ITA (26/10/2019)	70	ROAZZI Giulia ITA (26/10/2019)	40	ROAZZI Giulia ITA (26/10/2019)	110	ROAZZI Giulia ITA (26/10/2019)	220
<b>SR</b>	GEDNEY J. USA 05	92,5	Gedney Judith USA 1991	70	Landridge Beth GBR (10/04/22)	117,5	Gedney Judith USA 2005	250
<b>M1</b>	LOOMES Julie (2009) AUS	65	Loomes Julie AUS 2000	52,5	LOOMES Julie AUS 2000	110		220
<b>M2</b>	FLANAGAN Imelda ENG 10	70	Gedney Judith USA 1990	67,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
<b>M3</b>	Flanagan Imelda ENG 2011	75	Gedney Judith USA 1991	70	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
<b>M4</b>		50	Gedney Judith USA 1996	55	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
<b>M5</b>		47,5	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
<b>M6</b>	GEDNEY J. USA 05	92,5	Gedney Judith USA 2005	47,5	Gedney Judith USA 2008	113,5	Gedney Judith USA 2005	250
<b>M7</b>	Gedney Judith 2010	70	Gedney Judith USA (12/11/2011)	51	Gedney Judith USA 2010	115	Gedney Judith USA 2010	232,5
<b>M8</b>		35		25		45		105
<b>M9</b>		32,5		25		42,5		100
<b>M10</b>		30		25		35		90

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rutherford Hayley SCT (12/11/2011)	62,5	Rutherford Hayley SCT (05/04/2014)	35,5	Rutherford Hayley SCT (12/11/2011)	82,5	Creamer Shera IRE (13/11/2022)	155
<b>T2</b>	Lambeth Chloe ENG 08	77,5	THOMPSON Paula ENG 1990	40	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
<b>T3</b>	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
<b>JR</b>	Monaghan Amanda GBR (3/11/2018)	100	Monaghan Amanda GBR (3/11/2018)	53	Monaghan Amanda GBR (3/11/2018)	125	Monaghan Amanda GBR (3/11/2018)	270
<b>SR</b>	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
<b>M1</b>		0		0		0		0
<b>M2</b>		0	Cherbonnel Marie FRA 1992	76		0		0
<b>M3</b>		0	Boulle Lilliane FRA 1996	47,5		0		0
<b>M4</b>	GUILLAUME Sabine FRA (29/04/2023)	70	GUILLAUME Sabine FRA (29/04/2023)	50	GUILLAUME Sabine FRA (29/04/2023)	130	GUILLAUME Sabine FRA (29/04/2023)	250
<b>M5</b>	Reeves Pat ENG 07	40	Reeves Pat ENG 2007	35	Reeves Pat ENG 2007	100		172,5
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rutherford Hayley SCT (12/11/2011)	62,5	Rutherford Hayley SCT (12/11/2011)	35,5	Rutherford Hayley SCT (12/11/2011)	82,5	Rutherford Hayley SCT (12/11/2011)	180
<b>T2</b>	Lambeth Chloe ENG 08	77,5	Brost Shea USA 1997	47,5	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
<b>T3</b>	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
<b>JR</b>	Monaghan Amanda GBR (3/11/2018)	100	Monaghan Amanda GBR (3/11/2018)	53	Monaghan Amanda GBR (3/11/2018)	125	Monaghan Amanda GBR (3/11/2018)	270
<b>SR</b>	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
<b>M1</b>	Loomes July AUS 99	70	Kovalchik Paula USA 1999	70	LOOMES Julie AUS 1999	120		237,5
<b>M2</b>		60	Cherbonnel Marie FRA 1992	76		70		160
<b>M3</b>	LOOMES Julie AUS 09	65	Gedney Judith USA 1992	67,5	LOOMES Julie AUS 2009	110	Loomes Julie AUS 2009	222,5
<b>M4</b>	Gedney Judith USA 99	85	Gedney Judith USA 1997	57,5	GUILLAUME Sabine FRA (29/04/2023)	130	Gedney Judith USA 1999	250
<b>M5</b>	Gedney Judith USA 04	95	Gedney Judith USA 2002	50,5	Gedney Judith USA 2004	115,5	Gedney Judith USA 2004	257,5
<b>M6</b>	Gedney Judith USA 06	85	Gedney Judith USA 2009	49	Gedney Judith USA 2009	113	Gedney Judith USA 2006	242,5
<b>M7</b>		40		25		52,5		117,5
<b>M8</b>		37,5		25		50		112,5
<b>M9</b>		35		25		45		105
<b>M10</b>		32,5		25		37,5		95

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
<b>T2</b>	De Fazio Asia ITA (5/11/2023)	87,5	De Fazio Asia ITA (5/11/2023)	45	De Fazio Asia ITA (5/11/2023)	125	De Fazio Asia ITA (5/11/2023)	257,5
<b>T3</b>	Karrer Samia FRA (29/04/2023)	67,5	Karrer Samia FRA (29/04/2023)	50	Karrer Samia FRA (29/04/2023)	112,5	Karrer Samia FRA (29/04/2023)	230
<b>JR</b>	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
<b>SR</b>	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
<b>M1</b>	Mc Aree Ciara IRE (4/11/2023)	108,5	Mc Aree Ciara IRE (4/11/2023)	65,5	Mc Aree Ciara IRE (4/11/2023)	133	Mc Aree Ciara IRE (4/11/2023)	305
<b>M2</b>	Massidda Sere GBR (20/06/19)	85	Cherbonnel Marie FRA 1993	77,5	Nualart Jo GBR (11/10/21)	127,5	Nualart Jo GBR (11/10/21)	260
<b>M3</b>	Joiner-Hardy Angela GBR (5/11/23)	78	Guinard Marie FRA 1993	65	Joiner-Hardy Angela GBR (5/11/23)	125	Joiner-Hardy Angela GBR (5/11/23)	247,5
<b>M4</b>	Guillaume Sabine FRA (26/3/22)	90	Guillaume Sabine FRA (26/3/22)	55	Guillaume Sabine FRA (26/3/22)	137,5	Guillaume Sabine FRA (26/3/22)	282,5
<b>M5</b>	Reeves Pat ENG 09	25		32,5	Reeves Pat ENG 2009	100	Reeves Pat ENG 2009	157,5
<b>M6</b>	Tombs Patricia ENG 07/04/2013	72,5	Tombs Patricia ENG (27/02/16)	45,5	Tombs Patricia ENG (27/02/16)	105	Tombs Patricia ENG (28/3/15)	212,5
<b>M7</b>	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
<b>T2</b>	De Fazio Asia ITA (5/11/2023)	87,5	Bodlak Melanie USA 1996	50	De Fazio Asia ITA (5/11/2023)	125	De Fazio Asia ITA (5/11/2023)	257,5
<b>T3</b>	Karrer Samia FRA (29/04/2023)	67,5	Karrer Samia FRA (29/04/2023)	50	Karrer Samia FRA (29/04/2023)	112,5	Karrer Samia FRA (29/04/2023)	230
<b>JR</b>	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
<b>SR</b>	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
<b>M1</b>	Mc Aree Ciara IRE (4/11/2023)	108,5	Mc Aree Ciara IRE (4/11/2023)	65,5	Mc Aree Ciara IRE (4/11/2023)	133	Mc Aree Ciara IRE (4/11/2023)	305
<b>M2</b>	Massidda Sere GBR (20/06/19)	85	Cherbonnel Marie FRA 1993	77,5	Nualart Jo GBR (11/10/21)	127,5	Nualart Jo GBR (11/10/21)	260
<b>M3</b>	Joiner-Hardy Angela GBR (5/11/23)	78	Guinard Marie FRA 1993	65	Gow Rose AUS (6/9/14)	132,5	Gow Rose AUS (6/9/14)	257,5
<b>M4</b>	Guillaume Sabine FRA (26/3/22)	90	Gedney Judith USA 1998	65	Guillaume Sabine FRA (26/3/22)	137,5	Guillaume Sabine FRA (26/3/22)	282,5
<b>M5</b>	Gedney Judith USA 03	92,5	Gedney Judith USA 2003	45	Gedney Judith USA 2003	115	Gedney Judith USA 2003	250
<b>M6</b>	Tombs Patricia ENG 07/04/2013	72,5	LaFontaine Linda USA 17/8/19	50	Tombs Patricia ENG (27/02/16)	105	LaFontaine Linda USA 17/8/19	215
<b>M7</b>	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
<b>M8</b>		40		25		55		120
<b>M9</b>		37,5		25		47,5		110
<b>M10</b>		35		25		40		100

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Phillips Becky IRE (7/5/16)	80	Jutla Rithika GBR (26/10/2019)	37,5	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
<b>T2</b>	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
<b>T3</b>	Butters Bobbie ENG (2/11/2013)	120	Butters Bobbie ENG (2/11/2013)	65	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
<b>JR</b>	Walker Sophie ENG ( 27/02/16)	117,5	Smith Nichol GBR (20/06/19)	72,5	Smith Nichol GBR (20/06/19)	140,5	Smith Nichol GBR (20/06/19)	322,5
<b>SR</b>	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
<b>M1</b>	Vitale Barbara ITA (26/10/2019)	115	Vitale Barbara ITA (26/10/2019)	80	Holohan Angela IRE (12/11/2016)	147,5	Vitale Barbara ITA (26/10/2019)	320
<b>M2</b>	Negodyuk Olga ukr (1/11/2014)	105	Richards Suzanne GBR (20/06/19)	67,5	Richards Suzanne GBR (20/06/19)	140,5	Lozano Rose FRA 2006	305
<b>M3</b>	Tenerelli Gabriella ITA (27/11/21)	86	Soulard A. FRA 1992	60	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
<b>M4</b>	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	Bethell Sue WAL (27/2/2016)	295
<b>M5</b>	Bethell Sue WAL (11/10/21)	75	Bethell Sue WAL (11/10/21)	47,5	Bethell Sue WAL (11/10/21)	130	Bethell Sue WAL (11/10/21)	252,5
<b>M6</b>		65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Phillips Becky IRE (7/5/16)	80	Jutla Rithika GBR (26/10/2019)	37,5	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
<b>T2</b>	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
<b>T3</b>	Butters Bobbie ENG (2/11/2013)	120	Blisset Tanya USA 1997	82,5	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
<b>JR</b>	Walker Sophie ENG ( 27/02/16)	117,5	Smith Nichol GBR (20/06/19)	72,5	Smith Nichol GBR (20/06/19)	140,5	Smith Nichol GBR (20/06/19)	322,5
<b>SR</b>	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
<b>M1</b>	Vitale Barbara ITA (26/10/2019)	115	Vitale Barbara ITA (26/10/2019)	80	Holohan Angela IRE (12/11/2016)	147,5	Vitale Barbara ITA (26/10/2019)	320
<b>M2</b>	Negodyuk Olga ukr (1/11/2014)	105	Frazier Shellaine USA 24/6/17	76	Richards Suzanne GBR (26/10/2019)	140,5	Lozano Rose FRA 2006	305
<b>M3</b>	Tenerelli Gabriella ITA (27/11/21)	86	Sullivan Sue USA 1996	67,5	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
<b>M4</b>	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	Bethell Sue WAL (27/2/2016)	295
<b>M5</b>	Bethell Sue WAL (11/10/21)	75	Bethell Sue WAL (11/10/21)	47,5	Bethell Sue WAL (11/10/21)	130	Bethell Sue WAL (11/10/21)	252,5
<b>M6</b>	LaFontaine Linda USA (4/11/2017)	65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
<b>M7</b>		47,5		27,5		62,5		137,5
<b>M8</b>		42,5		25		57,5		125
<b>M9</b>		40		25		50		115
<b>M10</b>		37,5		25		42,5		105

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Rayner Lucy ENG 07/04/2013	105	Rayner Lucy ENG 07/04/2013	245
<b>T2</b>	Adabasi Tola IRE (7/5/16)	87,5	Cardoso Joanna FRA (5/11/2023)	57,5	Cardoso Joanna FRA (5/11/2023)	135	Cardoso Joanna FRA (5/11/2023)	282,5
<b>T3</b>	Duffy Lucy IRE (27/11/21)	100	Cerba Ina MOL (1/11/2014)	57,5	Donohue Amy IRE (15/08/2015)	125	Duffy Lucy IRE (27/11/21)	270
<b>JR</b>	O'Riordan Laura IRE (31/10/2015)	112,5	Walker Sophie ENG (28/3/15)	62,5	Downey Rachel IRE ( 7/5/16)	140,5	O'Riordan Laura IRE (31/10/2015)	305
<b>SR</b>	James Aillicia GBR(04/11/2017)	120	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	Fox Louise GBR(7/4/12)	345
<b>M1</b>	Gilbert Lisa GBR (13/11/2022)	107,5	Lozano Rose FRA 2005	64	SALZA SARA SAR (13/11/2022)	152,5	Lozano Rose FRA 2001	307,5
<b>M2</b>	Evans Wendy GBR (25/02/2017)	112,5	Evans Wendy GBR (25/02/2017)	66	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
<b>M3</b>	Lozano Rose FRA (28/3/15)	105,5	Lozano Rose FRA (12/11/2011)	60	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
<b>M4</b>	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
<b>M5</b>	Lozano Rose FRA (26/3/22)	95	Lozano Rose FRA (29/04/2023)	53	Lozano Rose FRA (26/3/22)	130	Lozano Rose FRA (26/3/22)	277,5
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Steed Mary AUS 2007	110	Rayner Lucy ENG 07/04/2013	245
<b>T2</b>	Adabasi Tola IRE (7/5/16)	87,5	Bodlak Melanie USA 1997	60	Cardoso Joanna FRA (5/11/2023)	135	Cardoso Joanna FRA (5/11/2023)	282,5
<b>T3</b>	Duffy Lucy IRE (27/11/21)	100	Blisset Tanya USA 1997	82,5	Donohue Amy IRE (15/08/2015)	125	Duffy Lucy IRE (27/11/21)	270
<b>JR</b>	O'Riordan Laura IRE (31/10/2015)	112,5	Baum Laura USA 24/6/17	67,5	Downey Rachel IRE ( 7/5/16)	140,5	Baum Laura USA 24/6/17	307,5
<b>SR</b>	Gilbert Lisa GBR (13/11/2022)	107,5	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	Gilbert Lisa GBR (13/11/2022)	297,5
<b>M1</b>	Mattingly Carmella USA 13/07/13	132,5	Mattingly Carmella USA 13/07/2013	72,5	SALZA SARA SAR (13/11/2022)	152,5	Mattingly Carmella USA 13/07/2013	347,5
<b>M2</b>	Evans Wendy GBR (25/02/2017)	112,5	Frazier Shellaine USA 11/06/16	72,5	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
<b>M3</b>	Lozano Rose FRA (28/3/15)	105,5	Elwyn Susan USA 1997	65	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
<b>M4</b>	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
<b>M5</b>	Lozano Rose FRA (26/3/22)	95	Lozano Rose FRA (29/04/2023)	53	Lozano Rose FRA (26/3/22)	130	Lozano Rose FRA (29/04/2023)	257,5
<b>M6</b>		60		30		70		160
<b>M7</b>		50		27,5		65		142,5
<b>M8</b>		45		25	Rodda Jonnie AUS 2007	62,5		132,5
<b>M9</b>	Rodda Jonnie AUS 2007	55,5		25		55	Rodda Jonnie AUS 2007	170
<b>M10</b>		40		25		45		110

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Crane Ellie GBR (5/11/2023)	90	Crane Ellie GBR (5/11/2023)	70	Crane Ellie GBR (5/11/2023)	110	Crane Ellie GBR (5/11/2023)	270
<b>T2</b>	McCann Briget GBR (20/06/19)	100	CARDOSO Joanna FRA (29/04/2023)	53	CARDOSO Joanna FRA (29/04/2023)	125,5	MacMenenmy Isobel GBR (20/06/19)	262,5
<b>T3</b>	Harrison Georgina GBR (13/11/2022)	115	Harrison Georgina GBR (13/11/2022)	82,5	Harrison Georgina GBR (10/4/22)	142,5	Harrison Georgina GBR (13/11/2022)	335
<b>JR</b>	Puricelli Lucia GBR (25/02/2017)	130,5	Hannant Amber GBR (4/11/2017)	80	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
<b>SR</b>	Raja Sunita GBR (26/10/2019)	140	Raja Sunita GBR (26/10/2019)	87,5	Wuyts Helen BEL (12/11/2011)	180	Raja Sunita GBR (26/10/2019)	400
<b>M1</b>	Wyrill Tina GBR (22/07/23)	112,5	Wyrill Tina GBR (22/07/23)	75	Wyrill Tina GBR (22/07/23)	150	Wyrill Tina GBR (22/07/23)	337,5
<b>M2</b>	Evans Wendy WAL (27/02/16)	115	Richards Suzanne GBR (11/10/21)	73	Richards Suzanne GBR (11/10/21)	135,5	Richards Suzanne GBR (11/10/21)	312,5
<b>M3</b>	Richards Suzanne GBR (22/07/23)	97,5	Richards Suzanne GBR (22/07/23)	72,5	Bethell Sue WAL (2/11/2013)	145,5	Richards Suzanne GBR (22/07/23)	285
<b>M4</b>	Saunders Karen GBR (13/11/2022)	90	Saunders Karen GBR (10/4/22)	50	Wood Jackie GBR (5/11/2023)	140	Saunders Karen GBR 11/10/21)	272,5
<b>M5</b>	Gough Kim GBR (13/11/2022)	92,5	Gough Kim GBR (13/11/2022)	50	Gough Kim GBR (13/11/2022)	135	Gough Kim GBR (13/11/2022)	277,5
<b>M6</b>	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
<b>M7</b>	Walter Helen Catherine GBR (12/11/2)	95	Walter Helen Catherine GBR (29/07/2)	37,5	Walter Helen Catherine GBR (26/10/2)	101	Walter Helen Catherine GBR (12/11/2)	225
<b>M8</b>	Walter Helen Catherine GBR (5/11/23)	56	Walter Helen Catherine GBR (5/11/23)	32,5	Walter Helen Catherine GBR (5/11/23)	77,5	Walter Helen Catherine GBR (5/11/23)	165
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Crane Ellie GBR (5/11/2023)	90	Crane Ellie GBR (5/11/2023)	70	Crane Ellie GBR (5/11/2023)	110	Crane Ellie GBR (5/11/2023)	270
<b>T2</b>	McCann Briget GBR (20/06/19)	100	CARDOSO Joanna FRA (29/04/2023)	53	CARDOSO Joanna FRA (29/04/2023)	125,5	MacMenenmy Isobel GBR (20/06/19)	262,5
<b>T3</b>	Harrison Georgina GBR (13/11/2022)	115	Harrison Georgina GBR (13/11/2022)	82,5	Harrison Georgina GBR (10/4/22)	142,5	Harrison Georgina GBR (13/11/2022)	335
<b>JR</b>	Puricelli Lucia GBR (25/02/2017)	130,5	Schultz Rea USA 1999	87,5	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
<b>SR</b>	Raja Sunita GBR (26/10/2019)	140	Altizer Betina USA 1991	102,5	Wuyts Helen BEL (12/11/2011)	180	Raja Sunita GBR (26/10/2019)	400
<b>M1</b>	Wyrill Tina GBR (22/07/23)	112,5	Wyrill Tina GBR (22/07/23)	75	Wyrill Tina GBR (22/07/23)	150	Wyrill Tina GBR (22/07/23)	337,5
<b>M2</b>	Evans Wendy WAL (27/02/16)	115	Davis Pamela USA 1994	75	Richards Suzanne GBR (11/10/21)	135,5	Richards Suzanne GBR (11/10/21)	312,5
<b>M3</b>	Richards Suzanne GBR (22/07/23)	97,5	Richards Suzanne GBR (22/07/23)	72,5	Bethell Sue WAL (2/11/2013)	145,5	Richards Suzanne GBR (22/07/23)	285
<b>M4</b>	Saunders Karen GBR (13/11/2022)	90	Hayes Nancy USA 1997	65	Wood Jackie GBR (5/11/2023)	140	Saunders Karen GBR (11/10/2022)	267,5
<b>M5</b>	Gough Kim GBR (13/11/2022)	92,5	Morgan-Jones Alice USA (4/11/2017)	60,5	Gough Kim GBR (13/11/2022)	135	Gough Kim GBR (13/11/2022)	277,5
<b>M6</b>	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
<b>M7</b>	Walter Helen Catherine GBR (12/11/2)	95	Walter Helen Catherine GBR (29/07/2)	37,5	Walter Helen Catherine GBR (26/10/2)	101	Walter Helen Catherine GBR (12/11/2)	225
<b>M8</b>	Walter Helen Catherine GBR (5/11/23)	56	Walter Helen Catherine GBR (5/11/23)	32,5	Walter Helen Catherine GBR (5/11/23)	77,5	Walter Helen Catherine GBR (5/11/23)	165
<b>M9</b>		45	Rodda Margaret AUS 2006	30	Rodda Margaret AUS 2006	70	Rodda Margaret AUS 2006	152,5
<b>M10</b>		42,5		25		47,5		115



# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bobbio Jessica ITA 2005	95	Rickwood Frankie ENG (28/3/15)	56		105	Bobbio Jesica ITA 2005	242,5
<b>T2</b>	Wright Gabby GBR (22/07/23)	105	KRISTY Freeburn (2009) ENG	58	Rickwood Frankie ENG (28/3/15)	125	Rickwood Frankie ENG (28/3/15)	277,5
<b>T3</b>	CASAGRANDA FEDERICA ITA (26/1	135	Wuyts Helen BEL 2009	70	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
<b>JR</b>	Wuyts Helen BEL ( 7/4/12)	125	Wuyts Helen BEL (27/10/2012)	75,5	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
<b>SR</b>	Jones Rebecca GBR (3/11/2018)	155	Hannant Amber GBR (20/06/19)	90	Folami Habee GBR (3/11/2018)	192,5	Folami Habee GBR (3/11/2018)	400
<b>M1</b>	Lapustea Simona ITA (3/11/2018)	130	Dalziel Karen GBR (5/11/2023)	83	Dalziel Karen GBR (23/07/23)	171	Dalziel Karen GBR (13/11/2022)	372,5
<b>M2</b>	Neirinck Zoe IRE (27/04/2019)	122,5	Bourdon Veronique FRA 2006	80	Le Blevenec Nina FRA (26/10/2019)	155,5	Stocker Samantha GBR (29/07/2018)	325
<b>M3</b>	Guillaume Sabine FRA (26/3/22)	110	Bourdon Veronique FRA (31/3/2012)	76	Guillaume Sabine FRA (26/3/22)	157,5	Guillaume Sabine FRA (26/3/22)	322,5
<b>M4</b>	Bourdon Veronique FRA (23/3/2013)	102,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Bourdon Veronique FRA (23/03/2013)	322,5
<b>M5</b>	BOURDON Véronique FRA (30/03/19	97,5	Bourdon Veronique FRA (31/3/18)	70	BOURDON Véronique FRA (30/03/19	132,5	BOURDON Véronique FRA (30/03/19	295
<b>M6</b>	Walker Suzan GBR (20/06/19)	75	Walker Suzan GBR (20/06/19)	50	Walker Suzan GBR (20/06/19)	110	Walker Suzan GBR (20/06/19)	235
<b>M7</b>	Koolhaas Revers Ina NED (22/4/2022	80	Koolhaas Revers Ina NED (22/4/2022	55	Koolhaas Revers Ina NED (22/4/2022	125	Koolhaas Revers Ina NED (22/4/2022	260
<b>M8</b>	Koolhaas Revers Ina NED (5/11/2023	85	Koolhaas Revers Ina NED (5/11/2023	60,5	Koolhaas Revers Ina NED (5/11/2023	130,5	Koolhaas Revers Ina NED (5/11/2023	275
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bobbio Jessica ITA 2005	95	Chapman Crystal USA 1995	57,5	Steed Mary AUS 2008	130	Bobbio Jesica ITA 2005	242,5
<b>T2</b>	Wright Gabby GBR (22/07/23)	105	KRISTY Freeburn (2009) ENG	58	Rickwood Frankie ENG (28/3/15)	125	Rickwood Frankie ENG (28/3/15)	277,5
<b>T3</b>	CASAGRANDA FEDERICA ITA (26/1	135	Collar Sarah USA 1992	77,5	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
<b>JR</b>	Goodson Natalie USA 2000	125	Taka Rae Lee NZL 2000	80	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
<b>SR</b>	Jones Rebecca GBR (3/11/2018)	155	Hannant Amber GBR (20/06/19)	90	Folami Habee GBR (3/11/2018)	192,5	Folami Habee GBR (3/11/2018)	400
<b>M1</b>	Lapustea Simona ITA (3/11/2018)	130	Dalziel Karen GBR (23/07/23)	82,5	Dalziel Karen GBR (23/07/23)	171	Dalziel Karen GBR (13/11/2022)	372,5
<b>M2</b>	Neirinck Zoe IRE (27/04/2019)	122,5	Bourdon Veronique FRA 2006	80	Le Blevenec Nina FRA (26/10/2019)	155,5	Stocker Samantha GBR (29/07/2018)	325
<b>M3</b>	Guillaume Sabine FRA (26/3/22)	110	Bourdon Veronique FRA (31/3/2012)	76	Guillaume Sabine FRA (26/3/22)	157,5	Guillaume Sabine FRA (26/3/22)	322,5
<b>M4</b>	Kostadinov Helen AUS 2003	115,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Kostadinov Helen AUS 2000	325
<b>M5</b>	Kostadinov Helen AUS 2007	110	Bourdon Veronique FRA (31/3/18)	70	Kostadinov Helen AUS 2007	140	Kostadinov Helen AUS 2007	315
<b>M6</b>	Kostadinov Helen AUS 2008	102,5	KOSTADINOV Helen AUS 2008	62,5	Kostadinov Helen AUS 2008	135	Kostadinov Helen AUS 2008	300
<b>M7</b>	Kostadinov Helen AUS (31/10/2015	87,5	Kostadinov Helen AUS (31/10/2015	55	Kostadinov Helen AUS (31/10/2015	130	Kostadinov Helen AUS (31/10/2015	270
<b>M8</b>	Koolhaas Revers Ina NED (5/11/2023	85	Koolhaas Revers Ina NED (5/11/2023	60,5	Koolhaas Revers Ina NED (5/11/2023	130,5	Koolhaas Revers Ina NED (5/11/2023	275
<b>M9</b>		47,5		27,5		62,5		137,5
<b>M10</b>		45		25		50		120

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Duncan Esther USA (4/11/2017)	105,5	Duncan Esther USA (4/11/2017)	52,5	Lindow Heidi GBR (10/04/22)	135	Lindow Heidi GBR (10/04/22)	287,5
<b>T2</b>	Lindow Heidi GBR (5/11/2023)	100	Willan Emma ENG 1993	70	Lindow Heidi GBR (5/11/2023)	130	Lindow Heidi GBR (5/11/2023)	285
<b>T3</b>	Muir Jeniffer GBR (20/06/19)	122,5	Willan Emma ENG 1994	75	Muir Jeniffer GBR (20/06/19)	157,5	Muir Jeniffer GBR (20/06/19)	347,5
<b>JR</b>	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Joshi Poppy GBR (03/11/2018)	171,5	Jäggi Nora SWI 18/2/17	382,5
<b>SR</b>	MacPherson Charlotte GBR (26/10/20)	160	MacPherson Charlotte GBR (26/10/20)	95	Haslam* Melanie GBR (25/02/2017)	187,5	MacPherson Charlotte GBR (26/10/20)	437,5
<b>M1</b>	Wilson Alexia GBR (5/11/2023)	152,5	Wilson Alexia GBR (5/11/2023)	85	Wilson Alexia GBR (5/11/2023)	180	Wilson Alexia GBR (5/11/2023)	417,5
<b>M2</b>	Barry Karen IRL (31/10/2015)	135	Barry Karen IRL (31/10/2015)	70	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
<b>M3</b>	Estel Sophie FRA (31/3/18)	123	Perrone Susana ITA (12/11/2016)	75	Estel Sophie FRA (19/3/16)	150	Loi Teresa MPF ITA (12/11/2016)	332,5
<b>M4</b>	Müller Daniela GER (29/04/2023)	108	Müller Daniela GER (29/04/2023)	63	Dreyer Gibney Katrin IRE (5/05/2018)	137,5	Müller Daniela GER (29/04/2023)	305
<b>M5</b>	Dreyer Gibney Katrin IRE (27/11/21)	98	Liege M-Christine FRA (30/03/19)	65	Dreyer Gibney Katrin IRE (27/11/21)	135	Liege M-Christine FRA (30/03/19)	290
<b>M6</b>	Liege Marie-Christine FRA (26/3/22)	95,5	Liege Marie-Christine FRA (26/3/22)	62,5	Liege Marie-Christine FRA (26/3/22)	120	Liege Marie-Christine FRA (26/3/22)	277,5
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Duncan Esther USA (4/11/2017)	105,5	Houser Alexia USA 1995	55	Lindow Heidi GBR (10/04/22)	135	Lindow Heidi GBR (10/04/22)	287,5
<b>T2</b>	Lindow Heidi GBR (5/11/2023)	100	Willan Emma ENG 1993	70	Steed Mary AUS 2009	142,5	Lindow Heidi GBR (5/11/2023)	285
<b>T3</b>	Muir Jeniffer GBR (20/06/19)	122,5	Willan Emma ENG 1994	75	Muir Jeniffer GBR (20/06/19)	157,5	Muir Jeniffer GBR (20/06/19)	347,5
<b>JR</b>	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Joshi Poppy GBR (03/11/2018)	171,5	Jäggi Nora SWI 18/2/17	382,5
<b>SR</b>	MacPherson Charlotte GBR (26/10/20)	160	Pierce Jackie USA 1998	105	Haslam* Melanie GBR (25/02/2017)	187,5	MacPherson Charlotte GBR (26/10/20)	437,5
<b>M1</b>	Wilson Alexia GBR (5/11/2023)	152,5	Wilson Alexia GBR (5/11/2023)	85	Wilson Alexia GBR (5/11/2023)	180	Wilson Alexia GBR (5/11/2023)	417,5
<b>M2</b>	Barry Karen IRL (31/10/2015)	135	Barry Karen IRL (31/10/2015)	70	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
<b>M3</b>	Estel Sophie FRA (31/3/18)	123	Burr Carol USA 2008	77,5	Burr Carol USA 2008	165	Burr Carol USA 2008	340
<b>M4</b>	Kostadinov Helen AUS 2002	117,5	KOSTADINOS Helen AUS 2002	72,5	Kostadinov Helen AUS 2002	150	Kostadinov Helen AUS 2002	335
<b>M5</b>	Kostadinov Helen AUS 2008	107,5	KOSTADINOS Helen AUS 2008	65,5	Kostadinov Helen AUS 2008	140	Kostadinov Helen AUS 2008	312,5
<b>M6</b>	Liege Marie-Christine FRA (26/3/22)	95,5	Liege Marie-Christine FRA (26/3/22)	62,5	Kostadinov Helen AUS 2009	127,5	Kostadinov Helen AUS 2009	282,5
<b>M7</b>	Walker Kate USA 17/8/19	60	Walker Kate USA 17/8/19	40	Walker Kate USA 17/8/19	85	Walker Kate USA 17/8/19	185
<b>M8</b>		52,5		32,5		70		155
<b>M9</b>		50		30		65		145
<b>M10</b>		47,5		27,5		52,5		127,5



# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Bell Alicia GBR (29/07/2018)	260
<b>T2</b>	Head Shachar ENG (2/11/2013)	145	Head Shachar ENG (2/11/2013)	75	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
<b>T3</b>	Head Shachar ENG (28/3/15)	150	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
<b>JR</b>	Swankie Kara GBR (20/06/19)	150	Marsh Natalie GBR (4/11/2017)	95	Swankie Kara GBR (20/06/19)	200	Swankie Kara GBR (20/06/19)	430
<b>SR</b>	Halfaoui Imam GBR (22/7/23)	170	Coulon C. FRA 1990	97,5	Kom Alice FRA (29/04/2023)	152,5	Halfaoui Imam GBR (22/7/23)	450
<b>M1</b>	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
<b>M2</b>	Anderson Mary GBR (28/03/15)	150	Allen Amelia GBR (20/06/19)	90	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
<b>M3</b>	Bush Mandy J GBR (27/04/2019)	125	Perrone Susana ITA (31/10/2015)	75	Bush Mandy J GBR (27/04/2019)	185	Bush Mandy J GBR (27/04/2019)	377,5
<b>M4</b>	Ishchenko Liudmyla UKR (12/11/2016)	115	Ishchenko Liudmyla UKR (26/10/2019)	70,5	Ishchenko Liudmyla UKR (12/11/2016)	130,5	Ishchenko Liudmyla UKR (12/11/2016)	310
<b>M5</b>	Giles Susan GBR (13/11/2022)	107,5	Giles Susan GBR (13/11/2022)	63	Giles Susan GBR (13/11/2022)	130,5	Giles Susan GBR (13/11/2022)	300
<b>M6</b>		0	Farrell Imelda IRE (1/11/2014)	47,5		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Dechamps Nadege BEL (7/4/12)	357,5
<b>T2</b>	Head Shachar ENG (2/11/2013)	145	Eisenberg Erin USA 1995	77,5	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
<b>T3</b>	Head Shachar ENG (28/3/15)	150	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
<b>JR</b>	Swankie Kara GBR (20/06/19)	150	Marsh Natalie GBR (4/11/2017)	95	Swankie Kara GBR (20/06/19)	200	Swankie Kara GBR (20/06/19)	430
<b>SR</b>	Halfaoui Imam GBR (22/7/23)	170	Oajen Betsy USA 1996	115	Kom Alice FRA (29/04/2023)	152,5	Halfaoui Imam GBR (22/7/23)	450
<b>M1</b>	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
<b>M2</b>	Anderson Mary GBR (28/03/15)	150	Allen Amelia GBR (20/06/19)	90	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
<b>M3</b>	Bush Mandy J GBR (27/04/2019)	125	Duncan Karen USA 1995	82,5	Bush Mandy J GBR (27/04/2019)	185	Bush Mandy J GBR (27/04/2019)	377,5
<b>M4</b>	Ishchenko Liudmyla UKR (12/11/2016)	115	Ishchenko Liudmyla UKR (26/10/2019)	70,5	Burr Carol USA (4/11/2017)	140	Ishchenko Liudmyla UKR (12/11/2016)	310
<b>M5</b>	Giles Susan GBR (13/11/2022)	107,5	Giles Susan GBR (13/11/2022)	63	Giles Susan GBR (13/11/2022)	130,5	Giles Susan GBR (13/11/2022)	300
<b>M6</b>	Clonninger Grace USA 2001	90	Clonninger Dianne AUS 2001	55	Clonninger Grace USA 2001	112,5	Clonninger Grace USA 2001	257,5
<b>M7</b>		60		37,5		77,5		175
<b>M8</b>		55		35		75		165
<b>M9</b>		52,5		32,5		70		155
<b>M10</b>		50		27,5		52,5		130

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bell Alicia GBR (27/04/2019)	115	Bell Alicia GBR (20/06/19)	70	Bell Alicia GBR (20/06/19)	140	Bell Alicia GBR (20/06/19)	312,5
<b>T2</b>	Winfield Lauren GBR (20/06/19)	125	Bennett Gabriella ENG 2010	62,5	Bennett Gabrielle ENG 10	142,5	Winfield Lauren GBR (20/06/19)	315
<b>T3</b>	Bennett Gabrielle ENG (7/4/12)	126	Bennett Gabriella ENG ( 7/4/12 )	65	Bennett Gabrielle ENG (7/4/12)	152,5	Bennett Gabrielle ENG (7/4/12 )	342,5
<b>JR</b>	DI PERNA MICOL ITA (26/10/2019)	140,5	DI PERNA MICOL ITA (26/10/2019)	78	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
<b>SR</b>	Hawtorn-Smith Takara GBR(5/11/202	168	Cunninghame Bernie SCT (31/10/15)	107,5	Hawtorn-Smith Takara GBR(5/11/202	212,5	Hawtorn-Smith Takara GBR(23/7/23	462,5
<b>M1</b>	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
<b>M2</b>	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
<b>M3</b>	Weetman Christine GBR (5/11/2023)	110	Heary Diana GBR (5/11/2023)	60	Heary Diana GBR (5/11/2023)	147,5	Weetman Christine GBR (5/11/2023)	307,5
<b>M4</b>	Towersey Karen GBR (10/4/22)	85	Towersey Karen GBR (10/4/22)	62,5	Towersey Karen GBR (10/4/22)	137,5	Towersey Karen GBR (10/4/22)	285
<b>M5</b>	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bell Alicia GBR (27/04/2019)	115	Bell Alicia GBR (20/06/19)	70	Bell Alicia GBR (20/06/19)	140	Bell Alicia GBR (20/06/19)	312,5
<b>T2</b>	Winfield Lauren GBR (20/06/19)	125	Beachler Lisa USA 1999	90	Bennett Gabrielle ENG 10	142,5	Beacher Lisa USA 99	332,5
<b>T3</b>	Bennett Gabrielle ENG (7/4/12)	126	Eisenberg Erin USA 1996	80	Bennett Gabrielle ENG (7/4/12)	152,5	Bennett Gabrielle ENG (7/4/12 )	342,5
<b>JR</b>	DI PERNA MICOL ITA (26/10/2019)	140,5	DI PERNA MICOL ITA (26/10/2019)	78	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
<b>SR</b>	Hawtorn-Smith Takara GBR(5/11/202	168	Cunninghame Bernie SCT (31/10/15)	107,5	Hawtorn-Smith Takara GBR(5/11/202	212,5	Hawtorn-Smith Takara GBR(23/7/23	462,5
<b>M1</b>	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
<b>M2</b>	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
<b>M3</b>	Wright Judith AUS 2001	117,5	Wright Judy AUS 2001	60	Heary Diana GBR (5/11/2023)	147,5	Wright Judy AUS 2001	322,5
<b>M4</b>	Towersey Karen GBR (10/4/22)	85	Trevorah Ellen USA 1993	75	Towersey Karen GBR (10/4/22)	137,5	Towersey Karen GBR (10/4/22)	285
<b>M5</b>	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
<b>M6</b>		75		42,5		95		212,5
<b>M7</b>		67,5		40		85		192,5
<b>M8</b>		60		37,5		80		177,5
<b>M9</b>		55		35		75		165
<b>M10</b>		52,5		27,5		70		135

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN - 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		0		0		0	0	
<b>T2</b>	O'Donnel Amelia GBR (20/06/19)	145	O'Donnel Amelia GBR (20/06/19)	67,5	O'Donnel Amelia GBR (20/06/19)	180	O'Donnel Amelia GBR (20/06/19)	385
<b>T3</b>		0		0		0	0	
<b>JR</b>	Hynes Pippa GBR (20/06/19)	107,5	Hynes Pippa GBR (20/06/19)	65	Mc Morrow Ruth IRE (27/04/2019)	125	Hynes Pippa GBR (20/06/19)	297,5
<b>SR</b>	Greene Deidre USA (4/11/2017)	181	Saussois Gladys FRA 2007	112,5	Saussois Gladys FRA 2008	210	Greene Deidre USA (4/11/2017)	492,5
<b>M1</b>	Thompson Polly GBR (25/02/2017)	165	Samson Leigh GBR (29/07/2018)	95	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016)	412,5
<b>M2</b>	Thompson Polly GBR (20/6/19)	170	Laird Joanne GBR (11/10/21)	90	Thompson Polly GBR (3/11/2018)	200	Thompson Polly GBR (27/11/21)	440
<b>M3</b>		0	Sarah Marsden GBR (23/7/23)	82,5	Polly Thompson GBR (23/7/23)	190	Polly Thompson GBR (23/7/23)	417,5
<b>M4</b>		0		0		0	Margraves Sharri USA (4/11/2017)	365
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMEN - 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		77,5		45		52,5	215	
<b>T2</b>	O'Donnel Amelia GBR (20/06/19)	145	O'Donnel Amelia GBR (20/06/19)	67,5	O'Donnel Amelia GBR (20/06/19)	180	O'Donnel Amelia GBR (20/06/19)	385
<b>T3</b>	DeVolder Keri USA 17/8/19	107,5	Kiriaki Lisa usa 1996	80	DeVolder Keri USA 17/8/19	125	DeVolder Keri USA 17/8/19	302,5
<b>JR</b>	Sullivan Stacey AUS 2001	140,5	Sullivan Stacey AUS 2001	82,5	Sullivan Stacey AUS 2001	172,5	Sullivan Stacey AUS 2001	392,5
<b>SR</b>	Greene Deidre USA (4/11/2017)	181	Regan Cyndi USA 1992	130	Saussois Gladys FRA 2008	210	Greene Deidre USA (4/11/2017)	492,5
<b>M1</b>	Thompson Polly GBR (25/02/2017)	165	Regan Cyndi USA 1992	130	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016)	412,5
<b>M2</b>	Thompson Polly GBR (20/6/19)	170	Regan Cyndi USA 1995	115	Thompson Polly GBR (3/11/2018)	200	Thompson Polly GBR (27/11/21)	440
<b>M3</b>		102,5	Sarah Marsden GBR (23/7/23)	82,5	Polly Thompson GBR (23/7/23)	190	Polly Thompson GBR (23/7/23)	417,5
<b>M4</b>	Margraves Sharri USA (4/11/2017)	128	Margraves Sharri USA (4/11/2017)	80,5	Margraves Sharri USA (4/11/2017)	165	Margraves Sharri USA (4/11/2017)	365
<b>M5</b>		87,5		52,5	Mayes Rachel USA (5/8/23)	112,5		245
<b>M6</b>		82,5		50		100		232,5
<b>M7</b>		75		45		90		210
<b>M8</b>		67,5		40		85		192,5
<b>M9</b>		60		37,5		80		177,5
<b>M10</b>		55		30		55		140

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMEN + 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		0		0		0	0
T2		0		0		0	0
T3		0		0		0	0
JR		0		0		0	0
SR		0		0		0	0
M1		0		0		0	0
M2		0		0		0	0
M3		0		0		0	0
M4		0		0		0	0
M5		0		0		0	0
M6		0		0		0	0
M7		0		0		0	0
M8		0		0		0	0
M9		0		0		0	0
M10		0		0		0	0

## WORLD RECORDS

## WOMEN + 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		87,5		55		100	242,5
T2		95		60		110	265
T3		105		65		120	290
JR		115		70		130	315
SR		127,5		77,5		150	355
M1		122,5		75		142,5	340
M2		117,5		72,5		135	317,5
M3		112,5		70		130	312,5
M4		105		67,5		122,5	295
M5		97,5		62,5		115	275
M6		92,5		60		110	262,5
M7		85		55		100	240
M8		77,5		45		90	212,5
M9		70		42,5		85	197,5
M10		65		37,5		60	162,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Prepelita Vladimir MOL 2007	107,5	Prepelita Vladimir MOL 2007	70	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
<b>T2</b>	Hons Matthew BEL 11/2/17	112,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
<b>T3</b>	Oger Oleksii UKR (1/11/2014)	90	Musik M POL 1993	77,5	Oger Oleksii UKR (1/11/2014)	107,5	Oger Oleksii UKR (1/11/2014)	267,5
<b>JR</b>	Merriman Owen GBR (21/06/19)	107,5	Merriman Owen GBR (21/06/19)	65	Bailey Joseph GBR (25/02/2017)	140	Bailey Joseph SCT (27/02/2017)	300
<b>SR</b>	Nurnazarov Vepa TKM (12/11/2011)	125	Forbes Brian IRE 1997	97,5	Nurnazarov Vepa TKM (12/11/2011)	176	Nurnazarov Vepa TKM (12/11/2011)	392,5
<b>M1</b>			Forbes Brian IRE 1997	97,5		0		0
<b>M2</b>		0		0		0		0
<b>M3</b>	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
<b>M4</b>		0	Andrieu Prospere FRA 1992	70		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Prepelita Vladimir MOL 2007	107,5	Prepelita Vladimir MOL 2007	70	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
<b>T2</b>	Seng Evan USA (10/10/20)	117,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
<b>T3</b>	Wrenn Johnathan USA (12/11/2011)	142,5	Wrenn Johnathan USA (12/11/2011)	90	Wrenn Johnathan USA (12/11/2011)	160	Wrenn Johnathan USA (12/11/2011)	392,5
<b>JR</b>	Wrenn Johnathon USA (27/10/2012)	150	Wrenn Johnathon USA (27/10/2012)	95	Wrenn Johnathon USA (27/10/2012)	172,5	Wrenn Johnathon USA (27/10/2012)	417,5
<b>SR</b>	Wrenn Johnathon USA (27/10/2012)	150	Nguyen Doan USA 1993	110	Nurnazarov Vepa TKM (12/11/2011)	176	Wrenn Johnathon USA (27/10/2012)	417,5
<b>M1</b>		107,5	Forbes Brian IRE 1997	97,5		120		305
<b>M2</b>		102,5		72,5		115		290
<b>M3</b>	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
<b>M4</b>		92,5	Andrieu Prospere FRA 1992	70		105		265
<b>M5</b>		87,5		65		100		252,5
<b>M6</b>		85		60		92,5		237,5
<b>M7</b>		72,5		52,5		80		205
<b>M8</b>		65		47,5		72,5		185
<b>M9</b>		57,5		42,5		65		165
<b>M10</b>		52,5		37,5		57,5		147,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DE BONIS DAVIDE ITA (29/04/2017)	120	DE BONIS DAVIDE ITA (29/04/2017)	75	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
<b>T2</b>	PREPELITA Vladimir (2008) MOL	135	Prepelita Vladimir MOL 2008	87,5	AIKMAN JNR David (2009) SCO	163	Prepelita Vladimir MOL 2008	377,5
<b>T3</b>	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
<b>JR</b>	Miraglia Mattia ITA (31/10/2015)	125	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Miraglia Mattia ITA (31/10/2015)	395
<b>SR</b>	Dobrea Ion MLD (29/04/2023)	117,5	Forbes Brian IRE 1998	103	Gavigan Justin IRE 2007	185	Anderson Brandon USA (4/11/2017)	447,5
<b>M1</b>		117,5	Forbes Brian IRE 1998	103		127,5		330
<b>M2</b>	Walsh Gareth IRE (26/10/2019)	135	Forbes Brian IRE 2006	92,5	Walsh Gareth IRE (26/10/2019)	170	Walsh Gareth IRE (26/10/2019)	397,5
<b>M3</b>	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
<b>M4</b>		0		0		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>	Catricala Domenico ITA (12/11/2016)	90	Catricala Domenico ITA (12/11/2016)	35	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
<b>M9</b>		65		47,5		0		182,5
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DE BONIS DAVIDE ITA (29/04/2017)	120	Zielinski Logan USA 2008	87,5	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
<b>T2</b>	PREPELITA Vladimir (2008) MOL	135	Curatolo Dominic USA 1997	107,5	Ross Cole USA 17/8/19	164	Prepelita Vladimir MOL 2008	377,5
<b>T3</b>	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
<b>JR</b>	Wrenn Johnathon USA (2/11/2013)	160	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Wrenn Johnathon USA (2/11/2013)	420
<b>SR</b>	Wrenn Jonathan USA (27/7/2018)	172,5	Higgins Fred USA 1992	132,5	Anderson Brandon USA (4/11/2017)	195	Anderson Brandon USA (4/11/2017)	447,5
<b>M1</b>		117,5	Higgins Fred USA 1992	132,5		127,5		330
<b>M2</b>	Walsh Gareth IRE (26/10/2019)	135	Forbes Brian IRE 2006	92,5	Walsh Gareth IRE (26/10/2019)	170	Walsh Gareth IRE (26/10/2019)	397,5
<b>M3</b>	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
<b>M4</b>		102,5		72,5		110		285
<b>M5</b>		97,5		70		105		272,5
<b>M6</b>		92,5	Smith Dennis USA 1997	77,5		97,5		255
<b>M7</b>		80		57,5		85		222,5
<b>M8</b>	Catricala Domenico ITA (12/11/2016)	90	Lotherington Bill AUS (13/7/13)	55	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
<b>M9</b>		65		47,5		70		182,5
<b>M10</b>		57,5		42,5		62,5		162,5



# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
<b>T2</b>	DE BONIS DAVIDE ITA (3/11/2018)	145,5	Aikman David SCT 2010	98	DE BONIS DAVIDE ITA (3/11/2018)	180	DE BONIS DAVIDE ITA (3/11/2018)	415
<b>T3</b>	DEBONIS DAVIDE ITA (26/10/2019)	152,5	Strech Adrian MDA (12/11/2016)	108	Boughlama Yanis FRA (28/04/2019)	185,5	DEBONIS DAVIDE ITA (26/10/2019)	430
<b>JR</b>	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
<b>SR</b>	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Donelon Sean IRE 2010	215	Hampson Ben GBR (29/07/2018)	477,5
<b>M1</b>	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
<b>M2</b>	Brown Stephen 2008 ENG	150	Walsh Garreth IRE (27/11/21)	100	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
<b>M3</b>	Grünberg Michael GER ( 13/10/18)	80	Durdey Graham ENG 1995	86	Grünberg Michael GER ( 13/10/18)	142,5	Grünberg Michael GER ( 13/10/18)	295
<b>M4</b>	Grünberg Michael GER (29/04/2023)	100	Tidona Vincenzo FRA 1990	100	Grünberg Michael GER (29/04/2023)	150	Grünberg Michael GER (29/04/2023)	325
<b>M5</b>		0	Tidona Vincenzo FRA 1992	107,5		0		0
<b>M6</b>	Colella Antonio ITA (31/10/2015)	145	Duffield Jack ENG 1995	70	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
<b>M7</b>	Lilley Barry GBR (12/11/2022)	107,5	Lilley Barry GBR (12/11/2022)	70	Lilley Barry GBR (12/11/2022)	145,5	Lilley Barry GBR (12/11/2022)	322,5
<b>M8</b>	Catricala Domenico ITA (5/05/2012)	80	Cluer Ron ENG 1995	60,5	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
<b>M9</b>	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
<b>T2</b>	DE BONIS DAVIDE ITA (3/11/2018)	145,5	Kempf Jesse USA 1997	110	DE BONIS DAVIDE ITA (3/11/2018)	180	DE BONIS DAVIDE ITA (3/11/2018)	415
<b>T3</b>	DEBONIS DAVIDE ITA (26/10/2019)	152,5	Strech Adrian MDA (12/11/2016)	108	Boughlama Yanis FRA (28/04/2019)	185,5	DEBONIS DAVIDE ITA (26/10/2019)	430
<b>JR</b>	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
<b>SR</b>	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Donelon Sean IRE 2010	215	Hampson Ben GBR (29/07/2018)	477,5
<b>M1</b>	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
<b>M2</b>	Brown Stephen 2008 ENG	150	Litchfield Fred AUS 1996	112,5	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
<b>M3</b>		115	Griffith Paul USA 1996	100	Grünberg Michael GER ( 13/10/18)	142,5		322,5
<b>M4</b>		110	Tidona Vincenzo FRA 1990	100	Grünberg Michael GER (29/04/2023)	150	Grünberg Michael GER (29/04/2023)	325
<b>M5</b>		105	Tidona Vincenzo FRA 1992	107,5	Morrison Gary USA 2009	145	Morrison Gary USA 2009	302,5
<b>M6</b>	Colella Antonio ITA (31/10/2015)	145	Kawasaki Non USA 1997	97,5	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
<b>M7</b>	Lilley Barry GBR (12/11/2022)	107,5	Lilley Barry GBR (12/11/2022)	70	Lilley Barry GBR (12/11/2022)	145,5	Lilley Barry GBR (12/11/2022)	322,5
<b>M8</b>	Catricala Domenico ITA (5/05/2012)	80	Smith Steve USA 2008	75	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
<b>M9</b>	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
<b>M10</b>		62,5		45		67,5		175

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
<b>T2</b>	Holland Jordan IRE (3/11/2018)	170,5	Green Mark ENG 07/04/2013	130	Bell Darren SCO 2008	201	Green Mark ENG 07/04/2013	480
<b>T3</b>	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
<b>JR</b>	Moynihan Kelvin IRE ( 16/8/15)	185	Calmic Dumitru MLD (26/10/2019)	130	Wardley Jonathan GBR (29/07/2018)	240	Humphreys Tom GBR (3/11/2018)	500
<b>SR</b>	Velarde Daniel SWI (26/10/2019)	207,5	Kuczera Mariusz POL 1993	150	Watts David GBR (26/10/2019)	261	Gray David ENG (2/11/2013)	582,5
<b>M1</b>	Degiorgio Charles MAL (26/10/2019)	190	Bedford Peter WAL 2006	130	Degiorgio Charles MAL (26/10/2019)	247,5	Degiorgio Charles MAL (26/10/2019)	552,5
<b>M2</b>	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
<b>M3</b>	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
<b>M4</b>	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
<b>M5</b>	Chavatte Jean-Pierre	132,5	Tidona Vincenzo FRA 1993	100,5	Caneo Salvatore ITA 12/11/16	176	GROS Didier FRA (29/04/2023)	390
<b>M6</b>	Camus -Mollet D. FRA 2004	152,5	Keirman Laurence GBR (4/11/2023)	87,5	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
<b>M7</b>	Camus -Mollet D. FRA 2007	145	Marcinkowski Michal BEL (12/11/2022)	80	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
<b>M8</b>	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vinzeno FRA 2007	150	Tidona Vincenzo FRA 2007	330
<b>M9</b>		0	Cluer Ron ENG 1997	57,5		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
<b>T2</b>	Holland Jordan IRE (3/11/2018)	170,5	Green Mark ENG 07/04/2013	130	Bell Darren SCO 2008	201	Green Mark ENG 07/04/2013	480
<b>T3</b>	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
<b>JR</b>	Moynihan Kelvin IRE ( 16/8/15)	185	Calmic Dumitru MLD (26/10/2019)	130	Wardley Jonathan GBR (29/07/2018)	240	Humphreys Tom GBR (3/11/2018)	500
<b>SR</b>	Velarde Daniel SWI (26/10/2019)	207,5	Conyers Tony USA 1996	182,5	Watts David GBR (26/10/2019)	261	Gray David ENG (2/11/2013)	582,5
<b>M1</b>	Degiorgio Charles MAL (26/10/2019)	190	Johnson S USA 1993	137,5	Degiorgio Charles MAL (26/10/2019)	247,5	Degiorgio Charles MAL (26/10/2019)	552,5
<b>M2</b>	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
<b>M3</b>	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
<b>M4</b>	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
<b>M5</b>	Chavatte Jean-Pierre	132,5	Cortes Robert USA 1994	122,5	Caneo Salvatore ITA 12/11/16	176	GROS Didier FRA (29/04/2023)	390
<b>M6</b>	Camus -Mollet D. FRA 2004	152,5	Cortes Robert USA 1996	125	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
<b>M7</b>	Camus -Mollet D. FRA 2007	145	Bonner Harry USA 1994	85	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
<b>M8</b>	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vinzeno FRA 2007	150	Tidona Vincenzo FRA 2007	330
<b>M9</b>		75	Cluer Ron ENG 1997	57,5		82,5		215
<b>M10</b>		67,5		52,5		75		195

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	Deegan David IRE 2008	170	Holland Kai ENG 2010	387,5
<b>T2</b>	Rowles Liam ENG (05/04/2014)	205	Ridett Lewis ENG 2011	132,5	Ridett Lewis ENG 2011	240	Ridett Lewis ENG 2011	537,5
<b>T3</b>	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
<b>JR</b>	Sudarminto Indra BEL (7/4/12)	230	Tudorean Oleg MLD (4/11/2017)	147,5	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
<b>SR</b>	Sudarminto Indra BEL (19/3/18)	265	Sudarminto Indra BEL (29/04/2017)	170	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
<b>M1</b>	Hannah David SCT 2005	195		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
<b>M2</b>	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
<b>M3</b>	Lolacona Vincent ITA 2004	195	Shaw Mike ENG 1992	127,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
<b>M4</b>	Forget Bernard FRA 2005	177,5	Haynes Cliff ENG 25/2/17	137,5	Forget Bernard FRA 2005	230	Haynes Cliff GBR (27/02/2017)	527,5
<b>M5</b>	Meredith Thomas GBR (29/07/2018)	175	Dumontois Jaques FRA 2001	120	Mahourat Pascal FRA (29/04/2023)	220	Meredith Thomas GBR (29/07/2018)	475
<b>M6</b>	Camus -Mollet D. FRA 2003	160	BOUDOT Philippe FRA (4/11/2023)	113	Camut-Mollet Daniel 2003	192,5	Camus-Mollet Daniel FRA 2003	442,5
<b>M7</b>	Freeman David GBR (12/10/21)	135	Passmore George ENG 2004	100,5	Tarran Ed ENG 2001	180	Brunet Daniel FRA (29/04/2023)	382,5
<b>M8</b>	Tarran Ed ENG 2003	100	Hearn David ENG 16/4/16	85	Tarran Ed ENG 2003	175	Tarran Ed ENG 2003	335
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	De Haan Curtis AUS 2006	200	De Haan Curtis AUS 2006	407,5
<b>T2</b>	Rowles Liam ENG (05/04/2014)	205	Walters John USA 1995	140	Ridett Lewis ENG 2011	240	Ridett Lewis ENG 2011	537,5
<b>T3</b>	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
<b>JR</b>	Sudarminto Indra BEL (7/4/12)	230	Flick Nathan AUS 1997	177,5	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
<b>SR</b>	Sudarminto Indra BEL (19/3/18)	265	Beavers Martin USA 1990	185	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
<b>M1</b>	Horner David USA (19/7/14)	196		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
<b>M2</b>	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
<b>M3</b>	Lolacona Vincent ITA 2004	195	Arlinton Rafael USA 1994	157,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
<b>M4</b>	Morrison Austin AUS 2002	192,5	Stagg Mike USA (5/11/2023)	140	Forget Bernard FRA 2005	230	Haynes Cliff GBR (27/02/2017)	527,5
<b>M5</b>	Meredith Thomas GBR (29/07/2018)	175	Hamblin Ed USA 1992	120	Marcinkowski Michael CAN (12/11/20)	226	Marcinkowski Mike CAN 2010	475
<b>M6</b>	Camus -Mollet D. FRA 2003	160	BOUDOT Philippe FRA (4/11/2023)	113	Marcinkowski Michael POL (31/10/20)	200	Camus-Mollet Daniel FRA 2003	442,5
<b>M7</b>	Smoker Jon USA (10/10/20)	137,5	Passmore George ENG 2004	100,5	Smoker Jon USA (10/10/20)	182,5	Smoker Jon USA (10/10/20)	417,5
<b>M8</b>	Tarran Ed ENG 2003	100	Benner Harrison USA 1996	85	Tarran Ed ENG 2003	175	Tarran Ed ENG 2003	335
<b>M9</b>		82,5		62,5		92,5		237,5
<b>M10</b>		75		57,5		82,5		215

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Gonzaga Joseph GBR (4/11/2023)	190	Bradshaw Laurence ENG 2006	110	Bradshaw Laurence ENG 2006	202,5	Gonzaga Joseph GBR (4/11/2023)	467,5
<b>T2</b>	Sugarman Benjamin GBR (26/02/201)	190	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/201)	230,5	Pjatnitski Nikolai EST (27/05/2012)	525
<b>T3</b>	Jenkins Steve ENG 2003	215	Mirabella Cristian ITA (26/10/2019)	140,5	Deacon-Smith Matt ENG (31/03/2013)	247,5	Cutler Craig ENG 2010	572,5
<b>JR</b>	Borriello Guiseppe ITA (29/04/2017)	228	Borriello Guiseppe ITA (29/04/2017)	158	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013)	627,5
<b>SR</b>	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Fey Dominik GER (29/04/2023)	290,5	Sudarminto Indra BEL (8/04/2016)	715
<b>M1</b>	Ryan John IRL (2/11/2013)	237,5	Ambler Derek ENG 1990	150	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013)	620
<b>M2</b>	Walsh Steve SCT 07/04/2013)	222,5	Minty Vince ENG (27/02/16)	155,5	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001	617,5
<b>M3</b>	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008	657,5
<b>M4</b>	Mauhorat Pascal FRA (28/3/15)	191	Round Michael ENG (05/04/2014)	140	Mahourat Pascal FRA (28/3/15)	261	Mauhorat Pascal FRA (28/3/15)	565
<b>M5</b>	Mauhorat Pascal FRA (30/03/19)	182,5	Round Michael GBR (28/04/2019)	143	Mauhourat Pascal FRA (26/03/2022)	245	Mauhourat Pascal FRA (26/03/2022)	525
<b>M6</b>	Marotta Rosario ITA (26/10/2019)	170	Rodger Dave ENG 1993	133	Marotta Rosario ITA (26/10/2019)	225	Marotta Rosario ITA (26/10/2019)	500
<b>M7</b>	West Eric ENG 2011	115	West Eric ENG 2011	80	West Eric ENG 2011	150	West Eric ENG 2011	345
<b>M8</b>		0		0		0		0
<b>M9</b>	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013	355
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Gonzaga Joseph GBR (4/11/2023)	190	Bradshaw Laurence ENG 2006	110	De Haan Curtis AUS 2007	240	De Haan Curtis AUS 2007	515
<b>T2</b>	Sugarman Benjamin GBR (26/02/201)	190	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/201)	230,5	Pjatnitski Nikolai EST (27/05/2012)	525
<b>T3</b>	Jenkins Steve ENG 2003	215	Dexter Andrew CAN 1994	145,5	Dexter Andrew CAN 1994	260	Dexter Andrew CAN 1994	607,5
<b>JR</b>	Borriello Guiseppe ITA (29/04/2017)	228	Riney Dennis USA 1996	172,5	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013)	627,5
<b>SR</b>	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Fey Dominik GER (29/04/2023)	290,5	Sudarminto Indra BEL (8/04/2016)	715
<b>M1</b>	Ryan John IRL (2/11/2013)	237,5	Kloostergaard Jim USA 1992	175	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013)	620
<b>M2</b>	Walsh Steve SCT 07/04/2013)	222,5	Thomas Walter USA 1993	190	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001	617,5
<b>M3</b>	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008	657,5
<b>M4</b>	Clow John AUS 2008	200	Rouse James USA 1996	175	Mahourat Pascal FRA (28/3/15)	261	Mauhorat Pascal FRA (28/3/15)	565
<b>M5</b>	Morrison Austin ( AUS)	190	Round Michael GBR (28/04/2019)	143	Mauhourat Pascal FRA (26/03/2022)	245	Mauhourat Pascal FRA (26/03/2022)	525
<b>M6</b>	Marotta Rosario ITA (26/10/2019)	170	Rodger Dave ENG 1993	133	Marotta Rosario ITA (26/10/2019)	225	Marotta Rosario ITA (26/10/2019)	500
<b>M7</b>	Batko Robert USA 11/06/16	152,5	Stovall James USA (19/7/14)	87,5	Batko Robert USA 11/06/16	197,5	Batko Robert USA 11/06/16	435
<b>M8</b>		102,5		72,5		110		285
<b>M9</b>	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013	355
<b>M10</b>		82,5		60		90		232,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bradshaw Laurence ENG 2006	162,5	Clarke Ollie ENG (28/2/16)	117,5	Bradshaw Laurence ENG 2006	227,5	Bradshaw Laurence ENG 2006	492,5
<b>T2</b>	Morrison McKenzie GBR (12/11/2022)	195	Morrison McKenzie GBR (24/4/22)	140	Morrison McKenzie GBR (12/11/2022)	225	Morrison McKenzie GBR (12/11/2022)	550
<b>T3</b>	Cutler Craig ENG 2011	230	Anton Alexei MOL (1/11/2014)	150	Le Cras Brett ENG 2011	265	Cutler Craig ENG 2011	630
<b>JR</b>	Neumann Konstantin GER (5/11/2017)	240	Percival Daniel ENG 2008	170	O'Rourke Athony IRE 2010	285	Hollis Harry GBR (28/02/2017)	695
<b>SR</b>	<b>SERVOTTE Geoffry (2006) BEL</b>	<b>262,5</b>	<b>Hollis Harry GBR (26/02/2017)</b>	<b>182,5</b>	<b>Burton Ramone WAL (28/2/16)</b>	<b>320</b>	<b>Minty Terrence GBR (21/06/19)</b>	<b>697,5</b>
<b>M1</b>	Protheroe Chris WAL (28/2/16)	238	Vaillant Cyrille FRA (18/04/2015)	176	Verbeke Beny BEL 2010	292,5	Zaripov (MPF) Rinat UKR (1/11/2014)	677,5
<b>M2</b>	Van Niekerk Edward ENG 2005	241	Luka Jan POL 1994	175	Verbeke Beny BEL (7/4/12)	300	Bonner Andy ENG 2001	687,5
<b>M3</b>	Bonner Andy ENG 2009	250	Ambler Derek ENG 1998	167,5	Bonner Andy ENG 2009	287,5	Bonner Andy ENG 2009	687,5
<b>M4</b>	Bonner Andy ENG 2011	245	Bonner Andy ENG 2011	157,5	Bonner Andy ENG 2011	277,5	Bonner Andy ENG 2011	680
<b>M5</b>	Davies Andy ENG 2007	185	Grotto Leonida ITA 2005	150	Davies Andy ENG 2008	232,5	Grotto Leonida ITA 2005	535
<b>M6</b>	CORTOT Rémi FRA (27/10/2019)	177,5	Fulton John SCO 1991	127,5	Davies Andy ENG 2009	220	CORTOT Rémi FRA (27/10/2019)	497,5
<b>M7</b>	Theyssens Martin	135	Morris Eric ENG 2005	105	Morris Eric ENG 2005	175	Mansfield Dave USA (27/10/2019)	467,5
<b>M8</b>	Bustreel Serge FRA (26/03/2022)	180	BUSTREEL Serge FRA (30/04/2023)	95	BUSTREEL Serge FRA (30/04/2023)	220	BUSTREEL Serge FRA (30/04/2023)	477,5
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bradshaw Laurence ENG 2006	162,5	Stevens John USA 95	125	Bradshaw Laurence ENG 2006	227,5	Bradshaw Laurence ENG 2006	492,5
<b>T2</b>	De Haan Curtis (AUS 2009)	200	Morrison McKenzie GBR (24/4/22)	140	De HAAN Curtis (2009) AUS	300	De HAAN Curtis (2009) AUS	620
<b>T3</b>	Cutler Craig ENG 2011	230	Watson Brent USA 1999	165	Le Cras Brett ENG 2011	265	Cutler Craig ENG 2011	630
<b>JR</b>	Neumann Konstantin GER (5/11/2017)	240	Klayhold Keith USA 1998	170	O'Rourke Athony IRE 2010	285	Hollis Harry GBR (28/02/2017)	695
<b>SR</b>	<b>St Clair Jason USA (5/8/23)</b>	<b>272,5</b>	<b>McAuliffe Joe USA 1996</b>	<b>208</b>	<b>Burton Ramone WAL (28/2/16)</b>	<b>320</b>	<b>Capozzi Lou USA 1999</b>	<b>717,5</b>
<b>M1</b>	Protheroe Chris WAL (28/2/16)	238	Vaillant Cyrille FRA (18/04/2015)	176	Verbeke Beny BEL 2010	292,5	Zaripov (MPF) Rinat UKR (1/11/2014)	677,5
<b>M2</b>	Van Niekerk Edward ENG 2005	241	Luka Jan POL 1994	175	Verbeke Beny BEL (7/4/12)	300	Bonner Andy ENG 2001	687,5
<b>M3</b>	Bonner Andy ENG 2009	250	Pagan Sam USA (5/11/2017)	177,5	Bonner Andy ENG 2009	287,5	Bonner Andy ENG 2009	687,5
<b>M4</b>	Bonner Andy ENG 2011	245	Bonner Andy ENG 2011	157,5	Bonner Andy ENG 2011	277,5	Bonner Andy ENG 2011	680
<b>M5</b>	Davies Andy ENG 2007	185	Grotto Leonida ITA 2005	150	Davies Andy ENG 2008	232,5	Grotto Leonida ITA 2005	535
<b>M6</b>	CORTOT Rémi FRA (27/10/2019)	177,5	Remley Bill USA 1996	132,5	Davies Andy ENG 2009	220	CORTOT Rémi FRA (27/10/2019)	497,5
<b>M7</b>	Mansfield Dave USA (27/10/2019)	166	Lee Charles USA 1993	117,5	Mansfield Dave USA (27/10/2019)	211	Van Weenen Wim AUS 2003	475
<b>M8</b>	Bustreel Serge FRA (26/03/2022)	180	BUSTREEL Serge FRA (30/04/2023)	95	BUSTREEL Serge FRA (30/04/2023)	220	BUSTREEL Serge FRA (30/04/2023)	477,5
<b>M9</b>		95		70		105		270
<b>M10</b>		85		62,5		95		242,5



# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	O Donnell Connor GBR (4/11/2018)	217,5	Clarke Oliver GBR (13/11/2016)	550
<b>T2</b>	Wooding Ted GBR (21/06/19)	201	Keshta Omar ENG 16/4/16	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
<b>T3</b>	Jakobi Timo GER (14/10/2018)	241	Jakobi Timo GER (14/10/2018)	155	Jakobi Timo GER (14/10/2018)	280	Jakobi Timo GER (14/10/2018)	670
<b>JR</b>	Bandula Paul ROU (4/11/2018)	260	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (4/11/2018)	321	Bandula Paul ROU (4/11/2018)	747,5
<b>SR</b>	Gysin Ramon SWI (5/11/2017)	279	Gongarad Roland SWI 2008	205	NAZARENKO Oleksii (2009) UKR	330	Nazarenko Olexiy UKR 2009	765
<b>M1</b>	Pilling Leslie ENG 1999	260	Ravasi Andrea ITA (5/05/2012)	180	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
<b>M2</b>	Pilling Leslie ENG 2001	272,5	Simpson Alan ENG 1997	181	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
<b>M3</b>	Mitchel John ENG 2010	250	Kling Andreas GER 2018	165,5	JEX Terry (2009) ENG	295	Mitchel John	682,5
<b>M4</b>	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
<b>M5</b>	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
<b>M6</b>	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
<b>M7</b>	BUSTREEL Serge FRA (27/10/2019)	202,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
<b>M8</b>	Burden Ronald GBR (12/11/2022)	143	Burden Ronald GBR (12/11/2022)	120	Burden Ronald GBR (4/11/2023)	202,5	Burden Ronald GBR (12/11/2022)	462,5
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	O Donnell Connor GBR (4/11/2018)	217,5	Clarke Oliver GBR (13/11/2016)	550
<b>T2</b>	Wooding Ted GBR (21/06/19)	201	Palin Harry ENG (06/04/2014)	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
<b>T3</b>	Jakobi Timo GER (14/10/2018)	241	Jakobi Timo GER (14/10/2018)	155	Goodhall Sam ENG 2011	280	Jakobi Timo GER (14/10/2018)	670
<b>JR</b>	Bandula Paul ROU (4/11/2018)	260	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (4/11/2018)	321	Bandula Paul ROU (4/11/2018)	747,5
<b>SR</b>	St.Clair Jason USA (10/10/20)	310	Rennert Casey USA 1992	220	NAZARENKO Oleksii (2009) UKR	330	St.Clair Jason USA (10/10/20)	772,5
<b>M1</b>	Pilling Leslie ENG 1999	260	Williams Chevron USA (5/11/2017)	200	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
<b>M2</b>	Pilling Leslie ENG 2001	272,5	Chevalier David USA 1999	200	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
<b>M3</b>	Mitchel John ENG 2010	250	Rizzo Charles USA 1996	175	JEX Terry (2009) ENG	295	Mitchel John	682,5
<b>M4</b>	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
<b>M5</b>	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
<b>M6</b>	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
<b>M7</b>	BUSTREEL Serge FRA (27/10/2019)	202,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
<b>M8</b>	Burden Ronald GBR (12/11/2022)	143	Burden Ronald GBR (12/11/2022)	120	Burden Ronald GBR (4/11/2023)	202,5	Burden Ronald GBR (12/11/2022)	462,5
<b>M9</b>		100		72,5		110		282,5
<b>M10</b>		90		65		100		255



# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	O Donnell Connor GBR (21/06/19)	207,5	O Donnell Connor GBR (21/06/19)	135	O Donnell Connor GBR (21/06/19)	260	O Donnell Connor GBR (21/06/19)	602,5
<b>T2</b>	Keshta Omar ENG 8/4/16	210	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
<b>T3</b>	Ayetuoma Ewoma GBR (12/11/2022)	237,5	Godea Iulian MOL (1/11/2014)	157,5	Ayetuoma Ewoma GBR (12/11/2022)	285	Ayetuoma Ewoma GBR (12/11/2022)	652,5
<b>JR</b>	Hamilton Aleksander GBR (27/11/21)	255	Verga Gabriele ITA (30/04/2017)	187,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
<b>SR</b>	<b>PILLING Les (2002) ENG</b>	<b>300</b>	<b>Murdoch Alistair ENG (2/11/2013)</b>	<b>222,5</b>	<b>Vaipan Bogdan ROM (30/04/2017)</b>	<b>340</b>	<b>Vaipan Bogdan ROM (30/04/2017)</b>	<b>810</b>
<b>M1</b>	Marshall Simon ENG (06/04/2014)	270	Murdock Alistair ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
<b>M2</b>	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
<b>M3</b>	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Boyer Roland FRA (30/04/2023)	300	Mitchell John ENG 2011	725
<b>M4</b>	Pilling Leslie ENG (7/4/12)	232,5	Terlita Victor MOL 2010	165	LEADBETTER Mike (2009) ENG	275,5	Lambert Steven GBR (6/05/2018)	625
<b>M5</b>	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	Da Rocha-Afodu Ped GBR (4/11/2023)	250,5	McConnell Laurence N.IR 2009	615
<b>M6</b>	McConnell Laurence N.IR (12/11/2011)	230	McConnell Laurence N.IR (12/11/2011)	145	Leadbetter Michael GBR (29/07/2018)	230,5	McConnell Laurence N.IR (12/11/2011)	580
<b>M7</b>	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
<b>M8</b>	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	O Donnell Connor GBR (21/06/19)	207,5	O Donnell Connor GBR (21/06/19)	135	O Donnell Connor GBR (21/06/19)	260	O Donnell Connor GBR (21/06/19)	602,5
<b>T2</b>	White Tanner USA (19/07/2014)	232,5	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
<b>T3</b>	Ayetuoma Ewoma GBR (12/11/2022)	237,5	Balis Matt USA 1992	182,5	Ayetuoma Ewoma GBR (12/11/2022)	285	Ayetuoma Ewoma GBR (12/11/2022)	652,5
<b>JR</b>	Hamilton Aleksander GBR (27/11/21)	255	Garris Donovan USA 1996	197,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
<b>SR</b>	<b>PILLING Les (2002) ENG</b>	<b>300</b>	<b>Murdoch Alistair ENG (2/11/2013)</b>	<b>222,5</b>	<b>Vaipan Bogdan ROM (30/04/2017)</b>	<b>340</b>	<b>Vaipan Bogdan ROM (30/04/2017)</b>	<b>810</b>
<b>M1</b>	Hayes Kelvin USA 2008	282,5	Murdock Alistair ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
<b>M2</b>	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
<b>M3</b>	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Boyer Roland FRA (30/04/2023)	300	Mitchell John ENG 2011	725
<b>M4</b>	Pilling Leslie ENG (7/4/12)	232,5	Ninaber Adrian CAN 13/07/2013	170	LEADBETTER Mike (2009) ENG	275,5	Ninaber Adrian CAN (2/11/2013)	645
<b>M5</b>	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	Da Rocha-Afodu Ped GBR (4/11/2023)	250,5	McConnell Laurence N.IR 2009	615
<b>M6</b>	McConnell Laurence N.IR (12/11/2011)	230	Ninaber Adrian CAN (5/8/23)	152,5	Ninaber Adrian CAN (5/8/23)	240	Ninaber Adrian CAN (5/8/23)	602,5
<b>M7</b>	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
<b>M8</b>	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
<b>M9</b>		102,5		75		112,5		290
<b>M10</b>		92,5		65		102,5		262,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
<b>T2</b>	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
<b>T3</b>	Osborn Jack GBR (26/02/2017)	250	Osborn Jack GBR (26/02/2017)	162,5	Dechamps Jerome BEL 2007	265	Rushton Josh ENG 2011	667,5
<b>JR</b>	Callus Dylan MAL (4/11/2018)	272,5	Callus Dylan MAL (4/11/2018)	185	Callus Dylan MAL (4/11/2018)	330	Callus Dylan MAL (4/11/2018)	782,5
<b>SR</b>	Nayler Sam GBR (4/11/2023)	300	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
<b>M1</b>	Sutton Pete WAL 2005	270	Lythgoe Simon GBR ( 7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
<b>M2</b>	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
<b>M3</b>	Allison Ray ENG 2008	270	Adams Michael ENG (29/3/15)	187,5	Cerignano Carlo ITA (4/11/2018)	282,5	Cerignano Carlo ITA (4/11/2018)	717,5
<b>M4</b>	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
<b>M5</b>	O Dwyer John IRE (8/5/16)	195,5	O Dwyer John IRE (8/5/16)	160	Leadbetter Mike ENG (06/04/2014 )	253	Leadbetter Mike ENG ( 7/4/12)	582,5
<b>M6</b>	Leadbetter Mike GBR (26/02/2017)	170	Leadbetter Mike GBR (26/02/2017)	122,5	Leadbetter Mike GBR (26/02/2017)	230	Leadbetter Mike GBR (28/02/2017)	520
<b>M7</b>	Walker Trevor John GBR (4/11/2018)	150	Walker Trevor John GBR (4/11/2018)	100,5	Walker Trevor John GBR (4/11/2018)	200,5	Walker Trevor John GBR (4/11/2018)	450
<b>M8</b>	Walker Trevor John GBR (24/4/22)	140	Walker Trevor John GBR (24/4/22)	105	Walker Trevor John GBR (24/4/22)	200	Walker Trevor John GBR (24/4/22)	445
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
<b>T2</b>	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
<b>T3</b>	Sohmer Matt USA (27/10/2012)	332,5	Osborn Jack GBR (26/02/2017)	162,5	Sohmer Matt USA (27/10/2012)	320	Sohmer Matt USA (27/10/2012)	785
<b>JR</b>	Sohmer Matt USA (2/11/2013)	342,5	Callus Dylan MAL (4/11/2018)	185	Sohmer Matt USA (2/11/2013)	337,5	Sohmer Matt USA (2/11/2013)	815
<b>SR</b>	Sohmer Matt USA (2/11/2013)	342,5	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
<b>M1</b>	Sutton Pete WAL 2005	270	Lythgoe Simon GBR ( 7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
<b>M2</b>	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
<b>M3</b>	Allison Ray ENG 2008	270	Batten CJ usa 1997	207,5	Cerignano Carlo ITA (4/11/2018)	282,5	Cerignano Carlo ITA (4/11/2018)	717,5
<b>M4</b>	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
<b>M5</b>	Ninaber Adrian CAN 24/6/17	200	Bonneau Colin CAN 2008	187,5	Leadbetter Mike ENG (06/04/2014 )	253	Leadbetter Mike ENG ( 7/4/12)	582,5
<b>M6</b>	Krueger Gary USA (27/10/2012)	207,5	Krueger Gary USA (27/10/2012)	150	Leadbetter Mike GBR (26/02/2017)	230	Krueger Gary USA (27/10/2012)	572,5
<b>M7</b>	Walker Trevor John GBR (4/11/2018)	150	Walker Trevor John GBR (4/11/2018)	100,5	Walker Trevor John GBR (4/11/2018)	200,5	Walker Trevor John GBR (4/11/2018)	450
<b>M8</b>	Walker Trevor John GBR (24/4/22)	140	Walker Trevor John GBR (24/4/22)	105	Walker Trevor John GBR (24/4/22)	200	Walker Trevor John GBR (24/4/22)	445
<b>M9</b>		105		77,5		120		302,5
<b>M10</b>		95		67,5		107,5		272,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		0		0		0	0
<b>T2</b>		0		0		0	Stroud Blake USA (5/11/2017) 607,5
<b>T3</b>	Dechamps Sebastien BEL ( 7/4/12)	250	Spicer Ben GBR (4/11/2023)	150	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL ( 7/4/12) 665
<b>JR</b>	Callus Dylan MAL (28/04/2019)	290	Callus Dylan MAL (28/04/2019)	195	Callus Dylan MAL (28/04/2019)	320	Callus Dylan MAL (28/04/2019) 805
<b>SR</b>	Irwin Brian IRE 2010	320	Denis O fra 1993	230	Useckas Justin GBR (12/11/2022)	363	Irwin Brian IRE 2010 875
<b>M1</b>	Bîrsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Bîrsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008 807,5
<b>M2</b>	Sutton Peter WAL 2011	285	Sutton Peter WAL 2011	210	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011 800
<b>M3</b>	Tetzlaff Martin GER (30/04/2023)	231	Tetzlaff Martin GER (22/4/22)	190	Duplessis Andre IRL (1/11/2015)	280,5	Duplessis Andre IRL (1/11/2015) 670
<b>M4</b>	O Donnell Frank GBR ( 21/06/19)	220	O'Dwyer John IRL (27/04/2013)	168	O Donnell Frank GBR ( 21/06/19)	287,5	O Donnell Frank GBR ( 21/06/19) 660
<b>M5</b>	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15) 560
<b>M6</b>		0		0		0	0
<b>M7</b>		0		0		0	0
<b>M8</b>		0		0		0	0
<b>M9</b>		0		0		0	0
<b>M10</b>		0		0		0	0

## WORLD RECORDS

## MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>	Stroud Blake USA 24/6/17	200	Stroud Blake USA 24/6/17	152,5	Stroud Blake USA 24/6/17	227,5	Stroud Blake USA 24/6/17 580
<b>T2</b>	Stroud Blake USA (5/11/2017)	220	Stroud Blake USA (5/11/2017)	160	Stroud Blake USA (5/11/2017)	227,5	Stroud Blake USA (5/11/2017) 607,5
<b>T3</b>	Dechamps Sebastien BEL ( 7/4/12)	250	Lake Matthew USA 1996	202,5	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL ( 7/4/12) 665
<b>JR</b>	Callus Dylan MAL (28/04/2019)	290	Hulslander Dennis USA 1995	215	Callus Dylan MAL (28/04/2019)	320	Callus Dylan MAL (28/04/2019) 805
<b>SR</b>	Irwin Brian IRE 2010	320	Moore Beau USA 1995	250	Useckas Justin GBR (12/11/2022)	363	Irwin Brian IRE 2010 875
<b>M1</b>	Bîrsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Bîrsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008 807,5
<b>M2</b>	Sutton Peter WAL 2011	285	Nicodemus Ron USA 2008	212,5	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011 800
<b>M3</b>	Tetzlaff Martin GER (30/04/2023)	231	Brown Steve USA 2005	205	McCune Brent USA 1999	285	McCune Brent USA 1999 692,5
<b>M4</b>	Hill Wayne USA (5/8/23)	230	Hill Wayne USA (5/8/23)	175,5	O Donnell Frank GBR ( 21/06/19)	287,5	O Donnell Frank GBR ( 21/06/19)) 660
<b>M5</b>	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15) 560
<b>M6</b>		150		107,5		167,5	425
<b>M7</b>		135		97,5		150	382,5
<b>M8</b>		122,5		87,5		135	345
<b>M9</b>		110		80		122,5	312,5
<b>M10</b>		100		72,5		110	282,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		0		0		0		0
<b>T2</b>	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017)	587,5
<b>T3</b>	McGonigle Charlie GBR (5/11/2017)	240	McGonigle Charlie GBR (5/11/2017)	130	McGonigle Charlie GBR (5/11/2017)	272,5	McGonigle Charlie GBR (5/11/2017)	642,5
<b>JR</b>		0		0		0	McGonigle Charlie SCT (28/02/2017)	587,5
<b>SR</b>	Kelly Tom ENG 07/04/2013	312,5	Kevin Koch GER 2017	250,5	Kelly Tom ENG ( 7/4/12 )	320	Kelly Tom ENG ( 7/4/12 )	835
<b>M1</b>	Küçük Yaşar GER (13/11/2016)	265	Küçük Yaşar GER (13/11/2016)	200	Küçük Yaşar GER (13/11/2016)	278	Küçük Yaşar GER (13/11/2016)	735
<b>M2</b>	Ryan Peter IRE (8/5/16)	240	Ryan Peter IRE (8/5/16)	205,5	Ryan Peter IRE (8/5/16)	255	Ryan Peter IRE (8/5/16)	700
<b>M3</b>	Duncan William USA (27/10/2012)	235		0		0		0
<b>M4</b>		0		0		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		147,5		105		165		417,5
<b>T2</b>	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017)	587,5
<b>T3</b>	McGonigle Charlie GBR (5/11/2017)	240	Newton Joe USA 2009	172,5	McGonigle Charlie GBR (5/11/2017)	272,5	McGonigle Charlie GBR (5/11/2017)	642,5
<b>JR</b>		202,2	Nickless Pete USA 1998	185		225	McGonigle Charlie SCT (28/02/2017)	587,5
<b>SR</b>	Deleon Rich USA 2008	315	Kevin Koch GER 2017	250,5	Kelly Tom ENG ( 7/4/12 )	320	Kelly Tom ENG ( 7/4/12 )	835
<b>M1</b>	Deleon Rich USA 2008	315	Deleon Richard USA 2008	202,5	Küçük Yaşar GER (13/11/2016)	278	Deleon Richard USA 2008	795
<b>M2</b>	Patrow Dean CAN 2001	300	Ryan Peter IRE (8/5/16)	205,5	Patrow Dean CAN 2001	265	Patrow Dean Can 2001	752,5
<b>M3</b>	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012)	132,5	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012)	602,5
<b>M4</b>	Duncan William USA 2015	230	Duncan William USA 2015	127,5	Duncan William USA 2015	222,5	Duncan William USA 2015	547,5
<b>M5</b>		175		125		195		495
<b>M6</b>		157,5		117,5		175		450
<b>M7</b>		142,5		100		157,5		400
<b>M8</b>		127,5		90		142,5		360
<b>M9</b>		115		82,5		127,5		325
<b>M10</b>		105		75		115		295